

Excuse My French

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Improver / Intermediate
編舞者: Stella Kim (KOR) - June 2015
音樂: Excuse My French - Caro Emerald : (Album: The Shocking Miss Emerald)



Intro; 48 count - Sequence: (A – A – B – A – A – Tag) X2 – A – A

PATTERN A (32 count)

SECTION A1: FORWARD, 1/2 TURN TO R BACKWARD, COASTER STEP, FORWARD, 1/2 TURN TO L BACKWARD, 1/2 TURN TO L SHUFFLE

1-2 RF forward, 1/2 turn to R with LF backward
3&4 RF backward, LF next to RF, RF forward
5-6 Lf forward, 1/2 turn to L with RF backward
7&8 1/2 turn to L with LF forward, RF together, LF forward(6:00)

SECTION A2: 1/4 TURN TO L SCISSORS, 1/4 TURN TO R SCISSORS, 1/4 TURN TO L BACKWARD, 1/4 TURN TO L SIDE, CROSS SHUFFLE

1&2 1/4 turn to L with RF side, LF next to RF, RF, cross over LF(3:00)
3&4 1/4 turn to R with LF side, RF next to LF, LF cross over RF(6:00)
5-6 1/4 turn to L with RF backward, 1/4 turn to L with LF side(12:00)
7&8 RF cross over LF, LF side, RF cross over LF

SECTION A3: (SIDE ROCK, RECOVER, CROSS, HOLD, SIDE, CROSS) X2

1&2 LF side rock, RF recover, LF cross over RF
3&4 hold, RF side, LF cross over RF
5&6 RF side rock, LF recover, RF cross over LF
7&8 hold, LF side, RF cross over LF

SECTION A4: BACKWARD LOCK STEP WITH SWEEP, BACKWARD LOCK STEP WITE 1/4 TURN TO L SWEEP, ROCK BACK, RECOVER, FORWARD, SIDE TOUCH

1&2 LF backward, RF cross over LF, LF backward with RF sweep from front to back
3&4 RF backward, LF cross over RF, 1/4 turn to L RF backward with LF sweep from front to back(9:00)
5-8 LF rock back, RF recover, LF forward, RF side touch

PATTERN B (32 count)

SECTION B1: TOE STRUT, TOE STRUT, FORWARD, FORWARD ROCK, RECOVER, 1/2 TURN TO L FORWARD, FORWARD

1-4 RF forward toe touch, RF heel drop to the floor(L knee down), LF forward toe touch, LF heel drop to the floor(R knee down)
5-6& RF forward, LF forward rock, RF recover
7-8 1/2 turn to L with LF forward, RF forward

SECTION B2: TOE STRUT, TOE STRUT, SWAY

1-4 LF forward toe touch, LF heel drop to the floor(R knee down), RF forward toe touch, RF heel drop to the floor(L knee down)
5-8 LF side with L sway, R sway, L sway, R sway(weight RF)

SECTION B3: TOE STRUT, TOE STRUT, FORWARD, FORWARD ROCK, RECOVER, 1/2 TURN TO L FORWARD, FORWARD

1-4 LF forward toe touch, LF heel drop to the floor(R knee down), RF forward toe touch, RF heel drop to the floor(L knee down)
5-6& LF forward, RF forward rock, LF recover

7-8 1/2 turn to R with RF forward, LF forward

SECTION B4: TOE STRUT, TOE STRUT, SWAY

1-4 RF forward toe touch, RF heel drop to the floor(L knee down), LF forward toe touch, LF heel drop to the floor(R knee down)

5-8 RF side with R sway, L sway, R sway, L sway(weight LF)

TAG: FORWARD, SIDE TOUCH, BACKWARD, SIDE TOUCH

1-4 RF forward, LF side touch, LF backward, RF side touch(12:00)

Contact ~ E-MAIL: sktelkmh@naver.com - <http://www.youtube.com/user/thetrianglelinedance>
