

# I'm Alive

拍數: 48                      牆數: 4                      級數: Improver  
編舞者: Nathan Gardiner (SCO) - June 2015  
音樂: I'm Alive - Céline Dion



**Intro: 16 Count Intro From Heavy Beat; No Tags Or Restarts**

## **SIDE, BEHIND SIDE CROSS, SIDE, ROCK RECOVER, 1/4 1/4 RIGHT**

1-2&3-4      Step right to right side, Step left behind right, Step right to right side, Cross step left over left, Step right to right side  
5-6            Rock back on left, Recover on right  
7-8            Turn 1/4 right stepping back on left, Turn 1/4 right stepping right to to right side

## **CROSS ROCK RECOVER, CHASSE LEFT, JAZZ BOX CROSS**

1-2            Cross rock left over right, Recover on right  
3&4            Step left to left side, Step right next to left, Step left to left side  
5-8            Cross step right over left, Step back on left, Step right to right side, Cross step left over right

## **STEP RIGHT, HOLD, BALL STEP RIGHT, TOUCH, STEP LEFT, HOLD, BALL STEP LEFT, TOUCH**

1-2&3-4      Step right to right side, Hold, Step ball of left next to right, Step right to right side, Touch left next to right  
5-6&7-8      Step left to left side, Hold, Step ball of right next to left, Step left to left side, Touch right next to left

## **ROCK RECOVER, COASTER STEP, CROSS, 1/4 TURN LEFT, COASTER STEP**

1-2            Rock forward on right, Recover on left  
3&4            Step back on right, Step left next to right, Step forward on right

### **Option: Triple Full Turn Right**

5-6            Cross step left over right, Turn 1/4 left stepping back on right  
7&8            Step back on left, Step right next to left, Step forward on left

## **STEP PIVOT 1/2 LEFT, SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP**

1-2            Step forward on right, Turn 1/2 pivot left  
3&4            Step forward on right, Step left next to right, Step forward on right  
5-6            Rock forward on left, Recover on right  
7&8            Step back on left, Step right next to left, Step forward on left

## **ROCK RECOVER, 1/2 TURN SHUFFLE RIGHT, FULL TURN RIGHT, STEP TOUCH**

1-2            Rock forward on right, Recover on left  
3&4            1/2 Turn shuffle right stepping Right, Left, Right  
5-6            Turn 1/2 right stepping back on left, Turn 1/2 right stepping forward on right  
7-8            Step forward on left, Touch right next to left

**Start Again.....Happy Dancing**

**Contact: [nathan.gardiner1998@hotmail.co.uk](mailto:nathan.gardiner1998@hotmail.co.uk)**