

Your Heartbeat (I Feel It)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Nathan Gardiner (SCO) - June 2015
音樂: Heartbeat - Beckah Shae



Intro: 16 counts; start on vocals

PRESS, RECOVER, PRESS, FLICK, WALK, WALK, SHUFFLE FORWARD

1-2 Press back on right, Recover on left
3-4 Press back on right, Recover on left flicking right
5-6 Walk forward on right, Walk forward on left
7&8 Step forward on right, Step left next to right, Step forward on right

PRESS, RECOVER, PRESS, HITCH, WALK, WALK, COASTER STEP

1-2 Press forward on left, Recover on right
3-4 Press forward on left, Recover on right hitching left
5-6 Walk back on left, Walk back on right
7&8 Step back on left, Step right next to left, Step forward on left

RIGHT DOROTHY, LEFT DOROTHY, KICK & POINT, KICK BALL STEP

1-2& Step right to right diagonal, Lock left behind right, Step slightly forward on right
3-4& Step left to left diagonal, Lock right behind left, Step slightly forward on left
5&6 Kick right foot forward, Step right back in place, Point left toes to left side
7&8 Kick left foot forward, Step ball of left next to right, Step slightly forward on right

MAMBO 1/2 LEFT, RIGHT LOCK STEP, STEP 1/2 RIGHT, 1/2 TURN SHUFFLE RIGHT

1&2 Rock forward on left, Recover on right, Turn 1/2 left stepping forward on left
3&4 Step forward on right, Lock left behind right, Step forward on right
5-6 Step forward on left, Turn 1/2 right (Weight on right)
7&8 1/2 Turn shuffle right stepping Left, Right, Left

Start Again.....Happy Dancing

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