

# Polish Waltz

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 1      級數: Beginner waltz  
編舞者: Russell Breslauer (USA) - June 2015  
音樂: My Polish Father - Max Kawa  
或: Any good accordion waltz music



OR:-

Blue Skirt Waltz by Lawrence Welk or Bobby Vinton or  
Rendezvous Waltz by Frankie Yankovic/Walter Ostanek

## DIAGONAL SIDE BASICS FORWARD

1-2-3      Turning 1/8 right (1:30) Step forward L, R next to left step on L in place  
4-5-6      Turning 1/2 left (10:30) R, L next to right, step R in place  
1-2-3      Turning 1/2 right (1:30) Step forward L, R next to left step on L in place  
4-5-6      Turning 1/2 left (10:30) R, L next to right, step R in place

## DIAGONAL SIDE BASICS BACKWARD

1-2-3      Step back L, R next to left step on L in place  
4-5-6      Turning 1/2 right (1:30) R, L next to right, step R in place  
1-2-3      Turning 1/2 left (10:30) Step back L, R next to left step on L in place  
4-5-6      Turning 1/2 right (1:30) step back R, L next to right, step R in place turning 1/8 front (12:00)

## VINE AND SIDE, DRAW, HOLD STOMP (LEFT)

1-2-3      Step L to the left, step R behind Left, step L to the left  
4-5-6      Step R in front of left, L to the left, R behind left  
1-2-3      Step L to the left, Draw R next to Left and Scuff R  
4-5-6      Hitch R, Stomp R and Hold (weight is on left foot) (Motion is backward bicycle)

## VINE AND SIDE, DRAW, HOLD STOMP (RIGHT)

1-2-3      Step R to the right, step L behind Right, step R to the right  
4-5-6      Step L in front of right, R to the right, L behind right  
1-2-3      Step R to the right, Draw L next to right and Scuff L  
4-5-6      Hitch L, Stomp L and Hold (weight is on left foot) (Motion is backward bicycle)

Repeat

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