

Boogie Shoes

COPPER KNOB
STEP SHEETS

拍數: 64 牆數: 1 級數: Improver
編舞者: Cheryl Williams (USA) - June 2015
音樂: Boogie Shoes - KC and the Sunshine Band : (1995)



No Tags Or Restarts

Sec. 1: □□ R & L Sailor Steps, Step, ½ Turn, Step, ½ Turn

1&2, 3&4 Step R behind L, Step L to L side, Step R to R side, Step L behind R, Step R to R side, Step L to L side
5,6,7,8 Step R fwd, pivot ½ turn to L, step R fwd, pivot ½ turn to L taking weight to L

Sec. 2: □□ Toe Switches, Drag, Step – repeat pattern

1&2&3,4 Touch R toe fwd, R to center, touch L toe fwd, L to center, touch R toe fwd, drag R in, step on R
5&6&7,8 Touch L toe fwd, L to center, touch R toe fwd, R to center, touch L toe fwd, drag L in, step on L

Sec. 3: □□ Touch, Step – repeat 4X

1,2,3,4 Touch R to R side, Step R back, Touch L to L side, Step L back
5,6,7,8 repeat 1-4

Sec. 4: □□ Syncopated Touches, Toe Switches, Ronde, Touch

1&2& Touch R out to side, to center, to side, step R fwd
3&4& Touch L out to side, to center, to side, step L fwd
5&6& Touch R out to side, Step R slightly fwd, touch L out to side, Step L slightly fwd
7,8 Sweep R small circle back to front, ending in a touch next to L

Sec. 5: □□ Heel Taps, Touch, Hook, Touch, Flick

1,2,3,4 Touch R heel fwd, bring R to center, Touch L heel fwd, bring L to center
5,6,7,8 Touch R heel to diagonal, hook R over L shin, touch R heel to diagonal, flick R behind L calf

Sec. 6: □□ Step, Shimmy (boogie), Hitch –repeat pattern

1,2-3,4 Big step to R, shimmy (boogie) shifting weight to R taking weight and hitching L on count 4
5,6-7,8 Big step to L, shimmy (boogie) shifting weight to L taking weight and hitching R on count 8

Sec. 7: □□ Repeat Sec. 5

Sec. 8: □□ Repeat Sec. 6

Optional song ending – instead of hitching R, cross R over L and do a full turn unwind to end dance with flair-ta da!!

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Step sheet prepared by Donna Manning based on video provided by Cheryl Williams

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