

# One Love (專一的愛) (zh)

COPPER KNOB  
BY STEPHEN T. S.

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Frank Cooper (CAN) - 2009年12月  
音樂: One Year of Love - Queen : (CD: A Kind Of Magic)



前奏: Start the dance on the word "Don't" facing the 11:00 wall with the right toe pointed out to the side 面向11點鐘右足趾右點, 當唱到'Don't'時開始起跳

## 第一段 Right Twinkle, Left Twinkle ½ Turn 右華士步, 左華士轉

- 1-3 Step right over left (1), step back on left squaring up to 12:00 (2), step right to right side (3)  
右足於左足前交叉踏, 左足轉正面向12點鐘後踏, 右足右踏
- 4-6 Step left over right (4), step back on right foot ¼ turn to the left (5), step left foot to the left side ¼ turn to the left (6) (slightly over rotate to 5:00)  
左足於右足前交叉踏, 右足後踏左轉90度, 左足左踏左轉90度(略向5點鐘)

## 第二段 Step Forward, Left Low Kick Forward, Step Back, Step Side, Step Across 前踏, 前踢, 後旁前

- 7-9 Step forward on right to 5:00 (1), slightly bring left foot up & fwd prepping to kick fwd (2), kick left fwd (low)(3)  
右足前踏(面向5點鐘), 左足略前抬, 左足前踢
- 10-12 Step back on left (4), step right to right side (5), step left over right (6) 左足後踏, 右足右踏, 左足於右足前交叉踏

## 第三段 Step Back ¼ Turn, Step Side ¼ Turn, Toe Sweep, Step Across, Step Side, Touch Side 1/4 1/4 繞, 交叉, 側, 點

- 13-15 Step back on right ¼ turn left (1), step left to left side ¼ turn left (2), sweep right toe around from back to front (3)  
左轉90度右足後踏, 左轉90度左足左踏, 右足趾由後繞至前
- 16-18 Step right over left (4), step left to side (small pose) (5), touch right toe to right side (6) 右足於左足前交叉踏, 左足左踏, 右足趾右點

## 第四段 Rolling Vine Right, Weave To Right Side 轉華倫, 右藤步

- 19-21 Step right foot ¼ turn to the right (1), step back on left foot ½ turn right (2), step right to right side ¼ turn to the right (3)  
右轉90度右足右踏, 右轉180度左足後踏, 右轉90度右足右踏
- 22-24 Step left over right foot (4), step right to right side (5), step left behind right (6) 左足於右足前交叉踏, 右足右踏, 左足於右足後交叉踏

## 第五段 Step Side, Cross Rock Step, Rolling Vine Left 右踏, 交叉回復, 轉華倫

- 25-27 Step right to right side (1), rock left over right foot (2), recover onto right (3) 右足右踏, 左足於右足前交叉下沉, 右足回復
- 28-30 Step left foot ¼ turn to the left (4), step back on right ½ turn left (5), step left ¼ turn to the left (6)  
左轉90度左足踏, 左轉180度右足後踏, 左轉90度左足踏

## 第六段 Twinkle Right & Left 右華士步, 左華士步

- 31-33 Step right over left (1), step left to left side (2), step right to right side & slightly fwd (3) 右足於左足前交叉踏, 左足左踏, 右足略前踏
- 34-36 Step left over right (4), step right to right side (5), step left to left side & slightly fwd (6)  
左足於右足前交叉踏, 右足右踏, 左足略左前踏

**第七段 Twinkle ½ Right, Weave To Right Side 右1/2華士步, 右藤步**

- 37-39 Step right over left (1), step back on left ¼ turn right (2), step right to right side ¼ turn to right (3)  
右足於左足前交叉踏, 左足後踏右轉90度, 右足右踏右轉90度
- 40-42 Step left over right (4), step right to right side (5), step left behind right (6) 左足於右足前交叉踏,  
右足右踏, 左足於右足後踏

**第八段 Side Rock Step, Step Forward, Pivot ½ Turn, Step Back 3/8 Turn To Right  
右下沉回復, 前踏, 踏轉, 3/8後踏**

- 43-45 Rock right out to right side (1), recover onto left (2), step forward onto right (3) 右足右下沉, 左足  
回復, 右足前踏
- 46-48 Step fwd on left (4), pivot ½ turn right (5), step back on left 3/8 of a turn to the right (6) 左足前踏,  
右軸轉180度, 右轉135度左足後踏
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