Harlem Nocturne



拍數: 64 牆數: 0 級數: Phrased Advanced

編舞者: Kirsi-Marja Vinberg (FIN) - June 2015

音樂: Harlem Nocturne - Mantovani & His Orchestra: (CD: 2008 the World Super Stars

Dance Festival)



Parts: A, A, Tag 1, B, B, Tag 2, A,A Counts: A(32), B(32), Tag 1(8), Tag 2(4)

Part A

A1: SWEEP, RUMBA WALK, HOLD TURN 1/2 LEFT, 2 STEPS FORWARD, DEVELOPE

sweep right foot forward
walk forward right, left, right

5 hold

6 turn ½ left and step left in place

7 step right foot forward

8-1 lead left toe to the right foot(8) and the the non-support foot(left) follows the standing leg line

to the knee(8) and opens forward(1)

A2: STEP BACK, TURN 1/4 R AND SWEEP, STEP DOWN, HIP MOVEMENTS

2 step left back(little step)

3 sweep right foot from front to back and turn ¼ right

4 step right foot back

5 little step diagonally left backwards

6-8 weight replace from foot to foot with hip roll(cuban motion)

Note: weight is on the right foot on count 8

A3: SWEEP, DIAGONAL R RUMBA WALK FORWARD, SWEEP, DIAGONAL L RUMBA WALK FORWARD

sweep left toe forward in half circle

2-4 walk diagonally right forward left, right, left

5 sweep right foot from back to front

6-8 walk diagonally left forward right, left, right

A4: SWEEP, CROSS STEP, UNWIND R, SWEEP STEP TO SIDE, CROSS STEP, UNWIND R, UNWIND L

1-2 sweep left from back to front and crossing right foot, step across right(weight is on the left

foot)

3-4 unwind all around right(weight on the left on the count 3), sweep right foot from left to right

and step it to side

5 sweep left foot from left to right and step it across right

6-7 unwind all around right(change weight to the right foot on the count 7)

8 unwind all around left(weight on the right)

Note1: All the turns will end to the 9 o'clock wall.

Note 2: when starting A-part again, weight transfer to the left foot and sweep right forward on the count 1.

Tag 1: After second repetition of Part A (start facing 6 o'clock)

SWEEP RIGHT FOOT FORWARD, PIVOT TURN ½ LEFT, STEP FORWARD L, STEP FORWARD R, HOLD, STEP BACK, TOGETHER, FORWARD

- sweep right foot forwardstep right foot in place
- 3 turn ½ left and step left in place
- 4 step right forward
- 5 hold
- 6 step left back

7 step right together 8 step left forward

B-part:

B1: TOUCH TOGETHER, ROLLING VINE, HOLD, ROCK STEP FORWARD, STEP L TO SIDE (RUMBA **BASIC STEP VARIATION)**

touch right foot together

2-4 step right to the right turning ¼ right, turn ½ right on the right foot, step left back turning ¼

right(facing 12.00 o'clock)

5 hold

6-7 rock left foot forward, step right in place

step left to side 8

B2: TOUCH TOGETHER, ROLLING VINE, HOLD, ROCK STEP FORWARD, STEP L TO SIDE(RUMBA **BASIC STEP VARIATION)**

Repeat 1-8

B3: TOUCH TOGETHER, ROCK STEP BACK, STEP R FORWARD, HOLD, PIVOT TURN ½ L, STEP FORWARD, TOUCH TOGETHER

1 touch right foot near left

2-3 rock right foot back, change weight to the left foot

step right foot forward 4

5 hold

6 turn left ½ and step left in place

7 step right forward 8 touch left together

B4: SYNCOPATED WALK, HOLD AND TURN 1/4 RIGHT, SYNCOPATED WALK

&1 step left forward, touch right foot together &2 step right forward, touch left together &3 step left forward, touch right together &4 step right forward, touch left together 5 turn right 1/4 on the right foot 86 step left forward, touch right together

&7 step right forward, touch left together step left forward, touch right together &8

Note 1: when doing step, straighten the knee; steps are little Note 2: when you start Part B again, the first count is hold.

Tag 2: After the second part of B(start facing 6 o'clock) HOLD. HIP MOVEMENTS

1-3 hold, step right foot back and sway hips right, hold 4 sway hips to left (your weight is now on the left foot)

Ending: After dancing the first 8 and 1 counts of Part A you are facing 9 o'clock wall. Step left foot little back and step right foot to side and continue to change weight left right left right and same time turning 1/4 right. Continue swaying hips from side to side. Note: Hand gestures: hands are flowing on the side following the rhythm of the music instrument. Stop the movement when music stops.

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