

Gejolak Asmara

拍數: 48 牆數: 2 級數: Improver
編舞者: Nurjanah Khan (INA) - June 2015
音樂: Gejolak Asmara - Nassar



Start dancing on 40 (5x8)

I. Side Mambo 2x, Forward Mambo, Back Mambo

1&2 Rock R side – Recover On L – Close R together
3&4 Rock L side – Recover On R – Close L together
5&6 Rock R forward – Recover On L – Close R together
7&8 Rock L backward – Recover On R – Close L together

II. Botafogo 2x, Sailor Step 2x

1&2 Cross R over L – Ball L to side – Step R in place
3&4 Cross L over R – Ball R to side – Step L in place
5&6 Step R behind L – Ball L to side – Step R in place
7&8 Step L behind R – Ball R to side – Step L in place

III. Syncopated Cross Shuffle 2x

1&2& Cross R over L – Ball L to side – Cross R over L – Ball L to side
3&4 Cross R over L – Ball L to side – Cross R over L
5&6& Cross L over R – Ball R to side – Cross L over R – Ball R to side
3&4 Cross L over R – Ball R to side – Cross L over R

IV. Paddle Turn Touch, Out In

1&2& Turn 1/8 left touching R to side – flick R – Turn 1/8 left touching R to side – flick R
3&4 Turn 1/8 left touching R to side – flick R – Turn 1/8 left touching R to side
5-6 Step R diagonally forward – Step L diagonally forward
7-8 Step R diagonally backward – Step L next to R

V. Full Volta Turn 2x

1& Turn ¼ right crossing R over L – Step ball on L slightly behind R
2& Turn ¼ right crossing R over L – Step ball on L slightly behind R
3& Turn ¼ right crossing R over L – Step ball on L slightly behind R
4 Turn ¼ right crossing R over L
5& Turn ¼ left crossing L over R – Step ball on R slightly behind L
6& Turn ¼ left crossing L over R – Step ball on R slightly behind L
7& Turn ¼ left crossing L over R – Step ball on R slightly behind L
8 Turn ¼ left crossing L over

VI. Pivot 2x, Jazz Box

1-2 Step R forward – Turn ½ left move weight on L
3-4 Step R forward – Turn ½ left move weight on L
4-5 Cross R over L – Step L backward
7-8 Step R to side – Cross slightly L forward

Tag

Do this Tag on wall 1 after 48 counts facing 6 o'clock

1-2 Touch R forward banding both knee and shimmy
3-4 Up knee and shimmy

On wall 4 after 36 counts facing 12 o'clock - Restart

Do this Tag on wall 4 after 32 counts facing 6 o'clock –

Restart: On wall 6 after 32 counts facing 12 o'clock

For song & steep sheet please contact email : nuur.khann@gmail.com
