

Locomotion

拍數: 88 牆數: 2 級數:
編舞者: Sue Wilson (NZ) - August 2012
音樂: The Loco-Motion - Kylie Minogue : (CD: Ultimate Kylie - also on iTunes)



[1 – 8] □ R Cross Samba, L Cross Samba, R Rock Fwd Recover, R Coaster Step

1 & 2 3&4 R Cross Side Rock, L Cross Side Rock
5 6 7&8 R Rock Fwd, Recover, R Coaster (Back-together-Forward)

[9 – 16] Pivot ½ R, L Shuffle Fwd, ½ L Bck, ½ L Fwd, Shuffle Fwd

1 2 3&4 L Step Fwd, Pivot ½ R, L Shuffle Fwd (LRL)
5 6 7 & 8 ½ L Stepping R Back, ½ L Stepping L Fwd, R Shuffle Fwd, (RLR)

[17 – 24] □ Side Together, Side Shuffle, R Cross, Back, ¼ R Shuffle

1 2 3&4 L Side, Together, L Side Shuffle (LRL)
5 6 7 & 8 R Cross over L, L Step Back, Turn ¼ R Shuffle Fwd (RLR)

[25 – 32] □ L Rock Fwd Recover, L Coaster, R Fwd Coaster, L Bck Coaster

1 2 3&4 L Rock Fwd, Recover, L Coaster Step (Back-together-Forward)
5&6 7&8 R Fwd Coaster (Fwd-tog-Bck) L Bck Coaster (Bck-tog-Fwd)

[33 – 40] □ R Fwd, Together, R Shuffle Fwd, L Rock Fwd Recover, Coaster Step

1 2 3&4 R Step Fwd, Close L Beside, R Shuffle Forward (RLR)
5 6 7 & 8 L Rock Fwd, Recover, L Coaster Step (Bck-tog-Fwd)

[41 – 48] □ R Rock Fwd, Recover, ½ R Shuffle, ½ R Bck, ½ R Fwd, L Shuffle Fwd

1 2 3&4 R Rock Fwd, Recover, ½ R Turning Shuffle (RLR)
5 6 7 & 8 ½ R Stepping L Back, ½ R Stepping R Fwd, L Shuffle Fwd (LRL)

[49 – 56] □ R Stomp HOLD, L Stomp HOLD, Fwd Tog Bck Tog

1 2 3 4 R Stomp Fwd, HOLD, L Stomp Fwd, HOLD
5 6 7 8 R Fwd, L Together, R Back, L Together

[57 – 64] □ R Fwd, Together, Bck, Together, ¼ R Stomp HOLD L Stomp HOLD

1 2 3 4 R Fwd, L Together, R Back, L Together,
5 6 7 8 ¼ R turn and R Stomp Fwd, HOLD, L Stomp Fwd HOLD

[65 – 72] □ Hip Sways R L R L, R Rocking Chair

1 2 3 4 Sways Hips to R L R L
5 6 7 8 Rock R Fwd, Recover, Back, Recover

[73 – 80] □ Jump Fwd & Bck & Bck & Fwd

& 1 2 & 3 4 Jump Fwd R L Clap, Jump Bck R L Clap
& 5 6 & 7 8 Jump Bck R L Clap. Jump Fwd R L Clap

[81 – 88] □ R Rock Fwd, Recover, ½ R Shuffle, Pivot ½ R, L Shuffle Fwd

1 2 3&4 R Rock Fwd, Recover, ½ R Turning Shuffle (RLR)
5 6 7 & 8 L Step Fwd, Pivot ½ R, L Shuffle Fwd (LRL)

End of Dance: Wall 4 – Dance to Count 80 (facing front) repeat Cts 65-80 twice more

As Promised:

Especially for the Timaru Lassies spotted at the Greymouth Railway Station one Sunday morning in June 2012. Thanks for the Memories !

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