

Making Me Feel

拍數: 32 牆數: 3 級數: Improver
編舞者: Maddison Glover (AUS) & Rachael McEnaney (USA) - June 2015
音樂: Making Me Feel - Laura Bell Bundy : (Album: Another Piece Of Me - iTunes and all major mp3 websites - 3:10)



Count In: 32 counts from start of track. Approx 95 bpm

Notes: 2 Restarts on 3rd wall (after count 16) and 6th wall (after count 24). Both Restart walls begin facing back and Restart facing the front.

[1 – 8] Fwd R diagonal, touch L, back L diagonal, touch R, back R, L back, R together, L shuffle, fwd R, ½ pivot

1 & 2 & Step R to right diagonal (1), touch L next to R (&), step L back to left diagonal (2), touch R next to L (&) 12.00
3 4 & Step back R (3), step back L (4), step R next to L (&) 12.00
5 & 6 Step forward L (5), step R next to L (&), step forward L (6), 12.00
7 8 Step forward R (7), pivot ½ turn L (weight ends on L) (8) 6.00

[9 – 16] Fwd R, L rocking chair, fwd L, Charleston R

1 2&3& Step forward R (1), rock forward L (2), recover weight R (&), rock back L (3), recover weight R (&) 6.00
4 Step forward L (4) 6.00
5 6 7 8 Touch R toe forward (5), step back R (6), touch L toe back (7), step forward L (8) 6.00

RESTART During 3rd wall restart here. 3rd wall begins facing 6.00, you will be facing 12.00 to restart

[17 – 24] Rock fwd R, ¼ turn R rocking R to R side, R sailor, L sailor, R behind, L side

1 2 Rock forward R (1), recover weight L (2), 6.00
3 4 Make ¼ turn right as you rock R to right side (sway using arms) (3), recover weight L (4) 9.00
5 & 6 Cross R behind L (5), step L next to R (&), step R to right side (6), 9.00
& 7 & Cross L behind R (&), step R next to L (7), step L to left side (&) 9.00
8 & Cross R behind L (8), step L to left side (&) 9.00

[25 – 32] Weave with toe struts, ¼ turn L, fwd R, ¼ turn L, cross R, ¼ turn R (back L), ¼ turn (side R), cross L

1 & 2 & Cross ball of R over L (1), drop R heel to floor (&), touch ball of L to left side (2), drop L heel (&) 9.00
3 & 4 Cross ball of R behind L (3), drop R heel to floor (&), make ¼ turn left stepping forward L (4) 6.00

RESTART During 6th wall restart here. 6th wall begins facing 6.00, you will be facing 12.00 to restart

5 & 6 Step forward R (5), pivot ¼ turn left (weight ends L) (&), cross R over L (6) 3.00
7 & 8 Make ¼ turn right stepping back L (7), make ¼ turn right stepping R to right side (&), cross L over R (8) 9.00

END: The dance finishes after count 4 of 25-32 (count 28), step forward on R foot (5) with arms out for a big finish facing the front

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