

This Ring

拍數: 64 牆數: 4 級數:
編舞者: Tom Monaghan (NZ) & Wendy Monaghan (NZ) - April 2008
音樂: With This Ring - T. Graham Brown



KICK, KICK, COASTER x2,

123&4 Kick R foot fwd, kick R foot 45deg, step R back, step L beside R, step R fwd,
567&8 Kick L foot fwd, kick L foot 45deg, step L back, step R beside L, step L fwd.

FWD SHUFFLE, ¼ PIVOT, CROSS SHUFFLE, ½ TURN.

1&234 Shuffle fwd R.L.R, step L fwd, pivot ¼ turn R,
5&678 Cross shuffle L.R.L, step back R into ¼ turn L, turn ¼ left stepping L to side.

CROSS SIDE ROCK X 2, ½ PIVOT X 2.

1&2 Cross/Step R over L, rock/step L to L side, recover on R, (moving fwd)
3&4 Cross/Step L over R, rock/step R to R side, recover on L, (moving fwd)
5678 Step R fwd, pivot ½ turn left, step R fwd, pivot ½ turn Left.(weight fwd)

DOUBLE HIPS X 2, FWD, ROCK, ½ TURN SHUFFLE.

1&2 3&4 Step R fwd pushing hips R.L.R, step L fwd pushing hips L.R.L,
567&8 Rock fwd on R, recover onto L turning ½ right & shuffle fwd R.L.R.

DOUBLE HIPS X 2, FWD, ROCK, ¾ TRIPLE TURN.

1&2 3&4 Step L fwd pushing hips L.R.L, step R fwd pushing hips R.L.R,
567&8 Rock fwd on L, recover onto R, turn 270 deg Left stepping L.R.L.

FWD, ROCK, SHUFFLE, BACK, ROCK, ½ TURN SHUFFLE.

123&4 Rock fwd onto R, recover onto L, shuffle back R.L.R,
567&8 Rock back onto L, recover onto R, turning ½ right shuffle back L.R.L.

BACK, ROCK, KICKBALL CHANGE, ¼ PIVOT, KICK BALL CHANGE.

123&4 Rock/step back onto R, recover onto L, R kick ball change,
567&8 Step R fwd, ¼ pivot turn L (weight L), R kick ball change.

SIDE, ROCK, ½ HINGE SHUFFLE, ½ TURN SHUFFLE, BACK, ROCK.

123&4 Rock/step R to right, recover onto L, hinge ½ turn R & side shuffle R.L.R,
5&678 Turn ½ R & side shuffle L.R.L, rock back onto R, recover onto L.

Repeat Dance

Phone-: 07 847 0311 - linedancersxtwo@yahoo.com