

More, More & More

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Barry Andracchio (AUS) & Tracie Lee (AUS) - June 2015
音樂: Más - Ricky Martin : (Album: Musica + Alma + Sexo)



Dance Begins On Lyrics After A 68 Count Intro

[S1] Cross side , sailor step, Cross Side, Behind side cross

1-2 Step L across R, Step R to R side,
3&4 Step L behind R, Step R to R side, Step L to L Side
5-6 Step R across L, Step L to L Side
7&8 Step R behind L, Step L to L side, Step R across L

[S2] Side rock recover, Cross Shuffle, 3/4 turn, Step 1/2 pivot

1-2 Step/Rock L to L side, recover weight onto R
3&4 Cross shuffle L,R,L to R side
5-6 Turn 1/4 turn L & Step R back, Turn 1/2 turn L & step L fwd
7-8 Step R fwd, pivot 1/2 turn L taking weight to L foot

[S3] 1/2 turn Shuffle, Walk back x 2, Coaster Step, Side rock recover

1&2 Shuffle fwd R,L,R turning 1/2 turn L
3-4 Walk back L & R
5&6 Step L back, Step R beside L, Step L fwd
7-8 Step/Rock R to R side, recover weight to L foot

[S4] Behind, Side, Cross Shuffle, Side rock Recover, Cross Shuffle

1-2 Step R behind L, Step L to L side
3&4 Cross Shuffle R,L,R to L side
5-6 Step/Rock L to L side, Recover weight to R foot
7&8 Cross Shuffle L,R,L to R side

[S5] Side, 1/4 turn, Cross rock Recover, 1/4 turn, 1/4 turn, Rock back Recover

1-4 Step R to R side, turn 1/4 turn L & step L to L side, Rock R fwd across L, recover onto L foot
5-6 Turn 1/4 turn R & Step R fwd, Turn 1/4 turn R & Step L to L side,
7-8 Rock R back behind L, Recover fwd onto L

[S6] Kick ball cross x 2, Step tap, Side tap, Side tap

1&2 Kick R to R diagonal, Step R back, Step L across R
3&4 Kick R to R diagonal, Step R back, Step L across R
5-6 Step R to R side, tap L beside R
&7&8 Step L to L side, Tap R beside L, Step R to R side, Tap L beside R

[S7] Side Shuffle, 1/4 turn side shuffle, 1/4 turn side shuffle, 1/4 turn step touch

1&2 Shuffle to L side - L,R,L
3&4 Turn 1/4 turn L & shuffle to R side - R,L,R
5&6 Turn 1/4 turn L & Shuffle to L Side
7-8 Turn 1/4 turn L & Step R to R side, Tap L beside R

[S8] Side rock, Recover, Cross over, Step back, 1/4 turn step Side, Rock across, Recover, Step Side

1-4 Step/Rock L to L side, Recover weight to R, Step L across R, Step R back
5-8 Turn 1/4 turn L & step L to L side, Rock R fwd across L, recover weight to L, Step R to R side

[64] Begin again

RESTART: On wall 6 facing 6:00 o'clock, dance the first 8 counts and restart from the beginning.

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