

Get Ugly

拍數: 96 牆數: 4 級數: Phrased Advanced
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - May 2015
音樂: Get Ugly - Jason Derulo



Starts after 16 Counts

Phrase: A B Tag 1 A B A (with extra counts) Tag 2 B (with step change) B (with ending)

Part A: 64 Counts

A1: Rock, Recover & Touch, Slide, 1/2 Turn, Slide, Slide, 1/4.

- 1-2& Rock forward on Left, recover on Right. Step Left next to Right
- 3-4 Touch flat Right foot forward, slide Right back past Left.
- 5-6 Make 1/2 turn to Right swivelling to Right on heels (weight Left), slide Right back past Left (weight Right) (6:00)
- 7-8 Slide Left back past right, swivel 1/4 turn to Left. (3:00)

A2: Kick Out Out & Step, Step, Back, Back, Sailor 1/2.

- 1&2 Kick forward Right, step Right out to Right side, step Left out to Left side.
- &3 Step Right next to Left, step forward on Left.
- 4 Step forward on Right (plopping down on Right).
- 5-6 Step back on Left sweeping Right out, step back on Right sweeping Left.
- 7&8 Make 1/4 turn to Left stepping Left behind Right, 1/4 turn Left stepping Right next to Left, step forward on Left. (9:00)

A3: Kick, Step, Lock, Step, Side, Touch, Side, Rock & Side, Touch.

- 1&2& Kick Right forward diagonal Right, step down on Right, lock Left behind Right, step forward diagonal Right.
- 3-4 Step Left to Left side, touch Right behind Left.
- 5 Step Right to Right side.
- 6&7 Cross rock Left behind Right, recover on Right, step Left to Left side.
- 8 Touch Right next to Left.

A4: Touch, Touch, Side, Touch, Side, Touch, Walk, Walk, Shuffle.

- 1&2 Touch Right toe to Right side, touch Right toe next to Left, step Right to Right side..
- &3-4 Touch Left toe next to Right, step Left to Left side, touch Right next to Left.
- 5-6 Make 1/8 turn to Right stepping forward on Right, 1/8 turn to Right stepping forward Left. (12:00)
- 7&8 Make 3/8 to Right as you shuffle forward R-L-R (counts 5-8 will make a circular 5/8 turn to Right). (4:30)

A5: Bump 1/2 Turn, Bump 1/2 Turn, Rock Step, 3/4 Sailor.

- 1&2 Step forward on Left & make 1/2 turn to Right bumping hips L-R-L. (10:30)
- 3&4 Step back on Right & make 1/2 turn to Right bumping hips R-L-R. (4:30)
- 5-6 Rock forward on Left, recover on Right.
- 7&8 Make 1/4 turn to Left stepping Left behind Right, 1/4 turn Left stepping Right next to Left, 1/4 turn Left stepping forward on Left (7:30)

A6: Bump 1/2 Turn, Bump 1/2 Turn, Rock Step, 1/2 Sailor.

- 1&2 Step forward on Right & make 1/2 turn to Left bumping hips R-L-R. (1:30)
- 3&4 Step back on Left & make 1/2 turn to Left bumping hips L-R-L. (7:30)
- 5-6 Rock forward on Right, recover on Left.

7&8 Make 1/4 turn Right stepping Right behind Left, step Left next to Right, 1/4 to Right stepping forward Right. (1:30)

A7: Bump 1/2 Turn, Bump 1/2 Turn, Rock Step, 1/4 Sailor.

1&2 Step forward on Left & make 1/2 turn to Right bumping hips L-R-L. (7:30)

3&4 Step back on Right & make 1/2 turn to Right bumping hips R-L-R. (1:30)

5-6 Rock forward on Left, recover on Right,

7&8 Make 1/4 turn to Left stepping Left behind Right, step Right next to Left, step forward on Left.(10:30)

A8: Bump 1/2 Turn, Bump 1/2 Turn, Rock Step, 3/8 Walk, Walk.

1&2 Step forward on Right & make 1/2 turn to Left bumping hips R-L-R. (4:30)

3&4 Step back on Left & make 1/2 turn to Left bumping hips L-R-L. (10:30)

5-6 Rock forward on Right, recover on Left.

7-8 Make 3/8 turn to Right stepping forward on Right, step forward Left. (3:00)

Part B: 32 Counts

B1: Rock & Kick, Cross, Rock & Step, Bounce 1/2 Turn, Coaster Step.

1&2 Rock Right to Right side, recover on Left, kick Right forward.

&3 Cross step Right over Left, rock to Left side on Left.

&4 Recover on Right, step forward on Left.

5-6 Make 1/2 turn to Right bouncing heels twice (weight Left). (9:00)

7&8 Step back on Right, step Left next to Right, step forward on Right.

B2: Rock & Kick, Cross, Rock & Step, Bounce 1/4 Turn, Rock & Side.

1&2 Rock Left to Left side, recover on Right, kick Left forward.

&3 Cross step Left over Right, rock to Right side on Right.

&4 Recover on Left, step forward on Right.

5-6 make 1/4 turn to Left bouncing heels twice (weight Right). (6:00)

7&8 Cross rock Left behind Right, recover on Right, step Left to Left side.

B3: Back Rock, Kick & Cross & Heel & Cross, 1/4, 1/2, Side.

1&2 Cross rock Right behind Left, recover on Left, kick Right to Right diagonal.

&3 Step Right to Right side, cross step Left over Right.

&4 Step Right to Right side, touch Heel forward diagonal Left.

&5 Step Left to Left side, cross step Right over Left.

6-8 Make 1/4 turn to Right stepping back on Left, 1/2 turn Right stepping forward on Right, step Left to Left side. (3:00)

B4: Back Rock, Kick & Cross & Heel & Cross, 1/4, Side, Drag.

1&2 Cross rock Right behind Left, recover on Left, kick Right to Right diagonal.

&3 Step Right to Right side, cross step Left over Right.

&4 Step Right to Right side, touch Heel forward diagonal Left.

&5 Step Left to Left side, cross step Right over Left.

6-8 Make 1/4 turn to Right stepping back on Left, step Right a large step to Right side, drag Left next to Right. (weight still on Right)

Tag 1:

1-2 Rock forward on Left, recover on Right.

&3 Step Left next to Right, touch Right heel forward.

4 Drag Right heel back & step next to Left at same time pop Left knee forward.

5-6 Touch Left heel forward, drag Left heel back & step next Right at same time pop Right knee forward.

7-8 Touch Right heel forward, drag Right heel back & step next to Left at same time pop Left knee forward.

Tag 2:

1-2 Step forward on Right, pivot 1/2 turn to Left.

3-4 Step forward on Right, pivot 1/2 turn to Left.

Dance Pattern Part A.. Part B.. Tag 1.. Part A.. Part B.. Then....

(A with Extra steps)

Dance Part A up to Count 4 (28) Section 4.. Then Replace Walk, Walk Shuffle (5-8) with 4 Walks ... Right-Left-Right-Left making 1/2 circular turn to Right..

Then for extra counts of A... Restart Dance From Count 1 (17) Section 3 Part A (Kick Step Lock Step) & Dance Thru To End Of Part A..

Tag 2..

Then Part B with step change on count 8 section 4, instead of keeping weight on Right as you drag left next to Right , place your weight on Left.

Then dance Part B again with Replacing Last 4 Counts With a Jazz Box To Finish At Front Wall (cross Right over Left, step back on Left, Right to Right side , step forward on Left).

Ta Dah !! Not as hard as it reads :)
