Catfish Dinner

拍數: 42

級數: Intermediate / Advanced

編舞者: Debbie Gwartney (USA) - September 2013

音樂: That's My Kind of Night - Luke Bryan : (Album: Crash My Party)

Slow Teach: "Red Camaro" by Rascal Flatts

S1: ¼ Sway Turn, ¼ Sway Turn, Cross Shuffle, Rock Recover

- 1,2 Sway R then L, with ¼ turn L
- 3,4 Sway R then L, with ¼ turn L
- 5&6 Step R across L, step L to R side of R, step R to L of L foot
- 7,8 Rock L out to L side, recover R in place

S2: ¼ Coaster Turn, ½ Pivot Turn, ½ Shuffle Turn, Rock Recover

- 9&10 Turning ¼ turn to L, step L back, step R beside L, step L forward
- 11,12 Step R forward, placing weight back on L, pivot ¹/₂ turn to the L
- 13&14 Right shuffle ½ turn to L (completing a full turn)
- 15,16 Rock back L, recover forward on R

S3: ¼ Turn, Cross Shuffle, Rock Recover, ¼ Coaster Turn

- 17,18 Rock L out to L, recover back on R, as you do ¼ turn to R
- 19&20 Cross L across R, step R to L side of R, step L to the R
- 21,22 Rock R out to R, recover on L
- 23&24 Turn ¼ R as you step back on R, step L beside R, step forward L

S4: Lock Step, Lock Step, 4 Count heel bounce as you turn 1/2 turn

- 25&26 Step L forward, step R to the L of L, step forward L
- 27&28 Step R forward, step L to the R of R, step forward R
- 29,30,31,32 As you step L forward, place weight on heels, for 4 counts, bounce on heels, as you turn $\Box \frac{1}{2}$ turn to the R,

(Keeping feet in place, bounce around, 1/2 turn, for 4 counts)

S5: Coaster Step, Lock Step, Lock Step, Rock, Recover

- 33&34 Step back R, step L beside R, step forward R
- 35&36 Step L forward, step R to the L of L, step forward L
- 37&38 Step R forward, step L to the R of R, step forward R
- 39,40 Rock Forward L, recover back on R

S6: Coaster Step

41 & 42 Step back L, step R beside L, Step forward L

End of dance, start over

Contact: debken99@casscomm.com - Email: debken99@casscomm.com





牆數:4