

Shy

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Jo Kinser (UK), John Kinser (UK) & Brenda Shatto (USA) - June 2015
音樂: Shy - Stacey Solomon : (Album: Shy)



Song not available in USA as a single at this time. It is available in UK. Contact choreographers for options.

Intro: 24 counts

Note: 3 Restarts – Walls 3 & 6 after 24 counts, wall 7 after 36 counts. See details below.

[1-12] Cross, Hitch-turn, Right Twinkle, Cross, Sweep-turn, Right Twinkle

1 2 3 Cross L to right diagonal, hitch R while pivoting slowly to left diagonal over counts 2,3 (11:00)
4 5 6 Cross R over left, step L to left side, small step R to right diagonal (1:00)
1 2 3 Cross L to right diagonal, sweep R forward while pivoting to left diagonal over counts 2,3
(11:00)
4 5 6 Cross R over left, step L to left side, small step R to right diagonal (1:00)

[13-24] L Twinkle ½ turn, R Twinkle ½ turn, Cross, ¾ turn Left

1 2 3 Cross L over R, turn ¼ left and step back on R, turn ¼ left and step L to left side (6:00)
4 5 6 Cross R over L, turn ¼ right & step back on L, turn ¼ right & step R to right side (12:00)
1 2 3 Cross/press L to right diagonal, hold counts 2,3.

Optional arm styling: slowly raise right arm toward right diagonal.

4 5 6 Recover back to R, turn ¼ left stepping forward on L, turn ½ left stepping back on R (3:00) *

*Restart here wall 3 (at 6:00) and 6 (at 12:00) and change counts 5,6 so there will be NO TURN: step L back (5), step R next to L (6)

[25-36] ¼ turn Drag, Rock, Recover, ¼ turn-Step, Big Step, Hold, ⅜ turn Right, RunForward 3X

1 2 3 Turn ¼ left stepping L to left side and drag R towards L over counts 2,3 (12:00)

Optional arm styling: Bring left arm across your body up & around in a CCW direction on chorus lyrics "passing us by"

4 5 6 Rock back on R, recover to L, turn ¼ right stepping R forward (3:00)

1 2 3 Large step forward on L pushing chest forward, hold, begin turning upper body to right
Optional arm

styling: open arms slowly outward as you push chest forward on chorus lyrics "be yours"

4 5 6 Turn ⅜ right stepping right forward, run forward left, right (7:30) *

*Restart here on wall 7 (facing right diagonal at 6:00)

[37-48] Forward Balance, ¾ Waltz Diamond turning Right

1 2 3 Step L forward and bring R next to L (no weight) rising up, hold over counts 2,3

Optional arm styling: bring arms/hands toward chest on chorus lyrics "be mine"

4 5 6 Step back on R, step L back, step R to right side (squaring to 9:00)

1 2 3 Cross L to right diagonal (10:30), step forward R, step L to left side (squaring up to 12:00)

4 5 6 Cross R behind L (face 1:30), step back on L, step R to right (squaring up to 3:00)

As the song ends you will be facing 12:00.

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