

Summer Strut

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sue Marshall (UK) - June 2015
音樂: Rockin' All Over the World - Status Quo



SECTION 1: 3 x HEEL/TOE STRUTS FORWARD, STOMP, KICK

1,2 Step R heel forward, drop R toes
3,4 Step L heel forward, drop L toes
5,6 Step R heel forward, drop R toes
7 Stomp L foot beside R foot
8 Kick L foot forward

SECTION 2: 3 x TOE/HEEL STRUTS BACKWARDS, ROCK BACK, RECOVER

9,10 Step back on L toes, drop L heel
11,12 Step back on R toes, drop R heel
13,14 Step back on L toes, drop L heel
15,16 Rock back on R foot, recover onto L foot

SECTION 3: GRAPVINE RIGHT, TOUCH, GRAPEVINE LEFT, TOUCH

17,18 Step R to right side, step L behind R
19,20 Step R to right side, touch L beside R
21,22 Step L to left side, step R behind L
23,24 Step L to left side, touch R beside L

SECTION 4: SIDE STEP, TOUCH, TURN ¼ LEFT, TOUCH, HIP BUMPS x 4

25,26 Step R to right side, touch L beside R
27 Turn ¼ left onto Left foot
28 Touch R beside L
29,30,31,32 Bump hips R,L,R,L or RR,LL
(or substitute R rocking chair for last 4 counts as the dancers progress)

START AGAIN and SMILE!

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