Broken Arrows

拍數: 112

級數: Phrased Intermediate

編舞者: Kirsi-Marja Vinberg (FIN) - June 2015

音樂: Broken Arrows - Daughtry

Sequences: A,A,C, A, A, B, A, B

Part A(32 counts, 2 wall dance):

A1: NIGHT CLUB BASIC, L, NIGHT CLUB BASIC R, TURN ¼ L AND STEP, TURN AROUND L MOVING FORWARD WITH TWO STEPS/ALTERNATIVE: TURN LEFT ¼ AND STEP 3 STEPS FORWARD, ROCK STEP WITH ¼ TURN R

- 1-2& step left to side, rock right back, step left little across right
- 3-4& step right foot to side, rock left back, step right foot little across left
 5 step left to left turning ¼ left
- 5 step left to left turning ¼ left
 6-7 turn ½ left and step right back, turn ½ left and step left forward/alternative: step forward right, left
- 8& rock right forward, step left in place and turn ¹/₄ right(facing 12.00 o'clock wall)

A2: REVERSE NIGHT CLUB BASIC R, REVERSE NIGHT CLUB BASIC L, WEAVE R, DIAGONAL PIVOT TURN

- 1-2& step right foot to side, step left foot across right, step right in place
- 3-4& step left to side, step right across left, step left in place
- 5&6&7 step right to side, left across, right to side, left across, step right to side
- 8& step left diagonally forward right, turn ½ right and step right in place

A3: STEP FORWARD, RUNNING STEPS FORWARD(TRIPLE), LUNGE WITH HOLD, STEP IN PLACE, ACROSS STEP, PRESS STEP WITH HOLD

- 1 step left forward (7.30 o'clock)
- 2&3 step forward right, left, right
- 4-5 step left forward, hold
- &6 step right in place, step left across righ(facing10.30 o'clock)
- 7-8 step and press right diagonally forward right, hold(facing10.30 o´clock)

A4: STEP L IN PLACE, CROSS STEP AND UNWIND ½ L, 2 STEPS FORWARD, ½ PIVOT TURN R, CROSS STEP, 2 STEPS WITH SWEEPS TURNING L AROUND AND MOVING FORWARD, STEP FORWARD

- &1 step left in place, step right across left to the lock position and unwind ½ turn left
 2-3 step forward left, right (facing 3 o´clock)
- 4&5 step left forward and turn ¼ right, step right in place, step left across right(facing 6 o´clock)
- 6-7 sweep right toe forward and step right forward turning all around left , sweep left toe forward and step left forward(facing 6 o´clock)
- 8 step right forward

Part C(32&):

C1: 1-16 counts: dance 1-16 from part A

C2: 17-32 dance 17-32& from part B

Part B(48):

B1: Counts 1-16: dance 1-16 from Part A

B2: Counts 17-48& ("Broken Arrows" 3 times):

Counts: 17-24& ("Broken Arrows"):





牆數: 0

- 1 step left forward
- 2-3 step forward right, left(facing7.30 o'clock)
- 4&5 step right foot diagonally right back, step left across right, step right diagonally right back(back to the 10.30 o´clock)

Note: hand movements: when doing lock step stretch your hands to the left in shoulder level 6-7 rock left back, step right in place(facing 4.30 o'clock)

Note: hand movements: when rocking back with left foot, take your left hand near to the left eye as aiming at with the arrow, when step right in place, release the arrow lightly

8& turn on the right foot ¼ right and step left foot diagonally right forward(facing 7.30 o'clock), turn ½ right and step right foot forward(facing 1.30 o'clock). Note: you are turning 3 corners on the 8& -counts.

Note: All the movement lines(o'clocks) described above are such as in the first "Broken Arrows"

1-8& counts in the part C. Later the section begins to the 6.00 o'clock wall.

Counts 25-48&: repeat 17-24& counts 3 times.

Ending: When you have danced the second B you are facing the front wall. Put your hands to the cross-bow position. Don't shoot.

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