

Livin' Ain't Killed Me Yet

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BY STEPHEN

拍數: 64 牆數: 4 級數:
編舞者: Darren Mitchell (AUS) - June 2015
音樂: Livin' Ain't Killed Me Yet - Reba McEntire : (Album: Love Somebody)



(Intro: 32 counts)

S1: HEEL & HEEL & HEEL, HEEL & HEEL & HEEL & HEEL, HEEL

1&2 Touch R Heel forward, step R together, touch L heel forward,
&3,4 Step L together, touch R heel forward, touch R heel forward,
&5&6 Step R together, touch L heel forward, step L together, touch R heel forward,
&7,8 Step R together, touch L heel forward, touch L heel forward. 12:00

S2: TOGETHER-FORWARD, BACK, HALF TURN SHUFFLE, FULL TURN, SHUFFLE FORWARD

&1,2 Step L together, step R forward, rock back on to L,
3&4 Turning 180deg R shuffle forward: R-L-R,
5,6 Turn 180deg R step L back, turn 180deg R step R forward,
7&8 Shuffle forward: L-R-L 6:00

S3: SIDE, ROCK, BEHIND-SIDE-ACROSS, SIDE, ROCK, BEHIND-SIDE-ACROSS

1,2 Step R to the side, side rock onto L,
3&4 Step R behind L, step L to the side, step R across in front of L,
5,6 Step L to the side, side rock onto R,
7&8 (***) Step L behind R, step R to the side, step L across in front of R. ***Restart on wall 5***
6:00

S4: TOE & TOE & HEEL & HEEL-TOGETHER, FORWARD, BACK, ¼ TURN SIDE SHUFFLE

1&2 Touch R toe to the side, step R together, touch L toe to the side,
&3&4 Step L together, touch R heel forward, step R together, touch L heel forward,
&5,6 Step L together, step R forward, rock back onto L,
7&8 Turn 90deg R side shuffle right: R-L-R. 9:00

S5: ACROSS, SIDE, ¼ SAILOR, FORWARD, ½ TURN. ¼ TURN SIDE SHUFFLE

1,2 Step L across in front of R, step R to the side,
3&4 Turn 90deg L Sailor step: L-R-L,
5,6 Step R forward, turn 180deg R step L back,
7&8 Turn 90deg R side shuffle: R-L-R. 3:00

S6: DOROTHY STEP, DOROTHY STEP, FORWARD, BACK, COASTER STEP

1,2& Dorothy: Step L forward @ 45deg L, lock R behind L, step L together,
3,4& Dorothy: Step R forward @ 45deg R, lock L behind R, step R together,
5,6 Step L forward, rock back onto R,
7&8 (***) Coaster step: step L back, step together, step L forward. **Restart on wall 2** 3:00

S7: HEEL GRIND, BEHIND-SIDE-ACROSS, SIDE, ROCK, SHUFFLE ACROSS

1,2 Grind R heel across in front of L, step L to the side,
3&4 Step R behind left, step L to the side, step R across in front of L,
5,6 Step L to the side, side rock onto R,
7&8 Shuffle L across in front of R: L-R-L. 3:00

S8: BACK, ½ TURN, ½ TURN SHUFFLE, COASTER STEP, FORWARD, FORWARD

1,2 Step R back, turn 180deg L step forward,
3&4 Turn 180deg L shuffle back R-L-R,

5&6 Coaster: step L back, step R together, step L forward,
7,8 Step R forward, step L forward. 3:00

[64] REPEAT

RESTARTS:

On wall 2, dance to count 48 (**) then restart the dance again facing the back wall.

On wall 5, dance to count 24 (***) then restart the dance again facing the back wall.

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