

# Lose My Mind

COPPER KNOB  
STEPSHEETS

拍數: 40      牆數: 4      級數: Beginner / Improver  
編舞者: Bobbey Willson (USA) - June 2015  
音樂: Lose My Mind - Brett Eldredge



Double Clap at beat 16, Begin Routine at beat 17

## Sec 1: Walk R L, Heel Switches RL, R Step 1/2 R Step 1/2

1 2            Step slightly fwd R, Step slightly fwd L  
3&4&        Tap R heel fwd, Step R to L, Tap L heel fwd, Step L to R  
5 6 7 8      Step R, Turn 1/2 left and shift weight to L x2 (arms out)

## Sec 2: R Tap R Kick, R Step-back L Coaster, R Jazzbox

1 2            Tap R Heel fwd, Kick R fwd  
3&4&        Step back R, Step back L, Step back R, Step fwd L  
5 6 7 8      Cross R over L, Step back L, Step back R, Step L

## Sec 3: L Weave Ext Sync, R Side L Cross, R Step Together Step

1 2            Cross R over L, Step L to left  
3&4&        Step R behind L, Step L to left, Cross R over L, Step L to left  
5 6            Step R to right, Cross L over R  
7&8          Step R to right, Step L to R, Step R to right

## Sec 4: Sweep L 1/4 right Pivot 1/2 left and sweep L, Triple LRL, Steps & Scuffs

1 2            Turn 1/4 right and sweep L over R, Pivot 1/2 left and sweep L keep wt on R  
3&4          Step L to R, Step R, Step L  
5 6 7 8      Step R, Scuff L, Step L, Scuff R

## Sec 5: Heel Switches R L, Heel Switches R L, Step R 1/2 left x2

1&2&        Tap R heel fwd, Step R to L, Tap L heel fwd, Step L to R  
3&4&        Tap R heel fwd, Step R to L, Tap L heel fwd, Step L to R  
5 6 7 8      Step R, Turn 1/2 left and shift weight to L x2 (arms out)

## Tag: After Wall 2 - 4 Counts

### Steps in place R L Touch R Double-Clap

1 2 3 4      Step R, Step L, Touch R, Hold and Clap 2x

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