

Everything's Gone South

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Angie Pennington (UK) & Big Al (UK) - June 2015
音樂: Southbound Train - Honky Tonkin' : (amazon)



Intro: Dance Starts On The Word - "Train" - Dance Rotates In A Clockwise Direction

Section 1: □ Heel Rock, Back Rock, Heel Rock, Coaster Cross

1-2 Rock Forward On Right Heel, Recover On Left
3-4 Rock Back On Right, Recover On Left
5-6 Rock Forward On Right Heel, Recover On Left
7&8 Step Back On Right, Step Together, Cross Right Over Left

Section 2: □ Point Cross, Point Cross, Point Cross Behind, Point Cross Behind

1-2 Point Left To Left Side, Cross Left Over Right
3-4 Point Right To Right Side, Cross Right Over Left
5-6 Point Left To Left Side, Cross Left Behind Right
7-8 Point Right To Right Side, Cross Right Behind Left

Section 3: □ Side Cross, Side Rock Behind, ¼ Turn, Stomp Clap

1-2 Step Left To Left Side, Cross Right In Front Of Left
3-4 Rock Left To Left Side, Replace On Right
5-6 Cross Left Behind Right, Step Forward On Right Turning a ¼ Turn Right
7-8 Stomp Left Beside Right, Clap And Hold For 1 Beat

Section 4: □ Left Heel, Toe Heel Swivels Clap, Right Heel, Toe Heel Swivels Clap

Travelling To The Left

1-2 Both Heels To Left, Both Toes Left
3-4 Both Heels To Left, Clap

Travelling To The Right

5-6 Both Heels To Right, Both Toes Right
7-8 Both Heels To Right, Clap Weight On Left

Start Again

Choreographers' Note

For A Bit Of Fun On Section 1 Beats 1-4, Both Arms Make A Circular Motion To Simulate A Train, Repeat This Movement Again On Beats 5-8

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