

Can't Let Go

COPPER KNOB
BY STEPHEN HETS

拍數: 24 牆數: 4 級數: Intermediate
編舞者: Shelly Graham (USA) - May 2015
音樂: Smoke - A Thousand Horses



#16 count intro – start on lyrics.

Rhythm has a Nightclub Two-Step (NC2) feel.

Phrased Intermediate – Sequence of Counts: 24, 16, 16, 8, 24, 16... – When you start Wall 6, just do the first 16 counts (Sec. 1 & Sec. 2) though to the end of the song. Don't let the sequence at the beginning scare you off! You can really hear it in the music after listening to the song a few times.

Sec. 1 (1-8) R SIDE, ROCK RECOVER, L SIDE, ROCK RECOVER, R ¼ TURN, R ½ TURN, R ¼ TURN, L SIDE, ROCK RECOVER

- 1 2& Step R foot to R side (1), Rock L foot back and slightly behind R foot (2), Recover weight back onto R foot (&)
- 3 4& Step L foot to L side (3), Rock R foot back and slightly behind L foot (4), Recover weight back onto L foot (&)
- 5 6& Step R making ¼ Turn R (5), Step L forward (6), pivot ½ right turn, weight onto R (&)
- 7 8& Step L foot to L side making ¼ Turn R (7), Rock R foot back and slightly behind L foot (8), Recover weight back onto L (&) (12:00)

***Walls 4 - Dance the first 8 counts and Restart

Sec. 2 (9-16) STEP RIGHT SIDE, DEMI-PLIE BOUNCE (X2), ¾ UNWIND, SWEEP RIGHT, SYNCOPATED BOX (X2)

- 1 2 3 4& Step R foot to R side (1), cross L behind & touch L behind R as you bounce (demi-plie: small bend at knees) down (2), (straighten) up (&), (demi-plie: small bend at knees) down (3), Unwind ¾ toward left onto L (4), Sweep R from behind around L and cross R in front of L (&) (3:00)
- 5&6 7&8 Jazz Box X2: Cross R over L (5), Step L back (&), Step R to R side (6), Cross L over R (7), Step R back (&), Step L to L side (8) (3:00)

Sec. 3 (17-24) LEFT 1/2 PIVOT STEP FORWARD (RLR), RIGHT ½ PIVOT STEP FORWARD (LRL), R FORWARD MAMBO (RLR), L BACK MAMBO (LRL)

- 1 & 2 R foot step forward (1), ½ pivot left onto L (&), step R foot forward (2) (9:00)
- 3 & 4 L foot step forward (3), ½ pivot right onto R (&), step L foot forward (4)
- 5 & 6 R foot rock forward (5), recover on L (&), step R foot together next to L (6) (keep weight on Right)
- 7 & 8 L foot rock back (7), recover on R (&), step L foot together next to R, keep weight on Left (8) (3:00)

End of Dance. Start Again. Have fun!

Wall 1 and Wall 5 are the only times you will dance all 24 counts. Dance ends on Wall 15 (6:00) with the Syncopated Box Steps (9:00) –Music is fading out. To end on the 12:00 wall, make a 1/4 Turn R with last Box Step (7 & 8 &): Cross L over R, Step R back, Make 1/2 Turn L as you step L to L side to face 12:00 (front) wall, bring R together next to L.

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

Video rights assigned to choreographer.

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