

Heaven Knows

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 3 級數:
編舞者: Alison J. Austerberry (UK) - May 2015
音樂: Heaven Knows I'm Miserable Now - The Smiths



STYLING TIP: Morrissey style arms (and flowers) are optional but the dance is choreographed to reflect the mood speeds of the music

ROCK & ROCK, ROCK & ROCK, ROCK & ROCK, ROCK & ROCK

1&2 Cross Rock Right over Left. Step Right. Step Left
3&4 Cross Rock Right over Left. Step Right. Step Left
5&6 Cross Rock Left over Right. Step Left. Step Right
7&8 Cross Rock Right over Left. Step Right. Step Left

MAMBO BACK, MAMBO FORWARD, RIGHT SIDE MAMBO, ROCK RECOVER

9&10 Mambo Rock back on Right. Step Left. Step Right
11&12 Mambo Rock forward on Left. Step Right. Step Left
13&14 Mambo Rock Right to Right side. Step Left. Step Right
15-16 Rock Left to left side. Recover on Right

ROCK FORWARD, CHA CHA CHA, ROCK FORWARD CHA CHA CHA

17-18 Rock forward crossing Right over Left. Recover on Right
19&20 Step Left. Step Right. Step Left (Cha Cha Cha)
21-22 Rock forward crossing Left over Right. Recover on Left
23&24 Step Right. Step Left. Step Right (Cha Cha Cha)

CROSS, SIDE, BEHIND, STEP, ROCK FORWARD, LEFT SHUFFLE BACK

25-26 Step Left over Right. Step Right to Right side
27-28 Step Left behind Right. Step Right
29-30 Rock forward on Left. Recover on Right
31&32 Step Left Back. Step Right next to Left. Step back Left

ROCK RECOVER, STEP ¼ TURN, RIGHT TOE STRUT, LEFT TOE STRUT

33-34 Rock back on Right. Recover on left
35-36 Step forward on Right turning ¼ Left
37-38 Cross Right Toe over Left. Place Right heel down
39-40 Step Left Toe to Left side. Place Left heel down

CROSS SHUFFLE, SIDE SHUFFLE, ROCK RECOVER, PADDLE TURN

41&42 Cross Right Over Left. Step Left to Left side. Cross Right over Left
43&44 Step Left to Left side. Step Right next to Left. Step Left
45-46 Rock back on Right, Recover on Left
47-48 Step forward on Right, swivel turning ¼ Left (Paddle motion) Step Left

STEP FORWARD DRAG, STEP FORWARD DRAG, STEP BACK DRAG, STEP BACK DRAG

49-50 Step forward long step diagonally Right. Bring Left up next to Right
51-52 Step forward long step diagonally Left. Bring Right up next to Left
53-54 Step back long step diagonally Right. Bring Left back next to Right
55-56 Step back long step diagonally Left. Bring Right back next to Left

DOROTHY STEPS RIGHT, DOROTHY STEPS LEFT, ROCK FORWARD AND ROCK BACK

57& 58 Step forward diagonally on Right. Step Left next to Right. Step Right forward
59&60 Step forward diagonally on Left. Step Right next to Left. Step Left forward

61-62 Rock forward on Right. Recover on Left
63-64 Rock back on Right. Recover on Left

RIGHT SIDE CHASSE, LEFT TURNING SIDE CHASSE, ROCK BACK, ROLLING VINE RIGHT

65&66 Step Right to Right side. Step Left next to Right. Step Right
67&68 Step Left to Left side, turning 1/4turn Left Step Right next to Left. Step Left
69-70 Rock Right behind Left. Recover on Left
71&72 Step Right, turning 1/2, Step Left turning 1/2 Step Right turning 1/2

PADDLES X 4 (OR STYLISH WALKS)

73-80 Step Left and bump hips out right, paddling round to the Left

TAG: At end of 2nd Wall (Styling tip – dramatic arms)

1-2 Step forward long step on Left diagonally. Bring Right next to Left
3-4 Step back on Right long step bringing Left next to Right
5-6 Step long step to Right side on Right. Bringing Left next to Right
7-8 Step long step to Left side on Left. Bringing Right next to Left

START AGAIN

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