

Catch My Breath

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mamalinedance Mei Kwo (USA) - June 2015
音樂: Catch My Breath - Kelly Clarkson



Intro: 32 Counts, No Tags, No Restarts!

STOMP/TOUCH KICK TRIPLES STEPS (12:00)

1-2 Stomp/touch right together, kick right forward
3&4 Triple in place right, left, right
5-6 Stomp/touch left together, kick left forward
7&8 Triple in place left, right, left

VINE RIGHT AND 1/4 TURN R, SUFFLE FWD , STEP LEFT FWD AND 1/2 PIVOT RIGHT, SUFFLE FWD (9:00)

1-2 Step Right to side, step left behind right,
3&4 turning 1/4 right shuffle forward right-left-right
5-6 Step Left forward and 1/2 pivot right
7&8 Shuffle forward Left-Right-Left

CROSS POINT, CROSS POINT, CROSS POINT, CROSS POINT (9:00)

1-2 Cross R over L, point L toe out to left side
3-4 Cross L over R, point R toe out to right side
5-6 Cross R behind L, point L toe out to left side
7-8 Cross L behind R, point R toe out to right side

RIGHT ROCK FORWARD, RIGHT 1/2 TURN SHUFFLE, LEFT ROCK FORWARD LEFT 1/2 TURN SHUFFLE (9.00)

1-2 Rock forward on right, recover weight on LEFT
3&4 Shuffle 1/2 turn right stepping right, left, right (3.00)
5-6 Rock forward on left, recover on right
7&8 Shuffle 1/2 turn left stepping left, right, left (9.00)

ENJOY! HAPPY DANCING!
