

# Sweetheart Polka

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Chatti the Valley (ES) - April 2015  
音樂: I Want To Be a Cowboy's Sweetheart - LeAnn Rimes



Intro: 16 - Bpm: 128

**[1-8]: Right & Left Diagonal SHUFFLES, Left STEP TURN, Right SHUFFLE.**

1            Step right forward diagonal to right side  
&            Step left beside right foot  
2            Step right forward diagonal to right side  
3            Step left forward diagonal to left side  
&            Step right beside left foot  
4            Step left forward diagonal to left side  
5            Step right forward  
6            ½ turn left, weight on left foot (6:00)  
7            Step right forward  
&            Step left forward, beside right foot  
8            Step right forward

**[9-16]: Left CHASSE, ¼ TURN Right CHASSE, Left ROCK STEP, COASTER STEP.**

1            Step left to left side  
&            Step right beside left foot  
2            Step left to left side  
3            ¼ turn right, step right to right side (9:00)  
&            Step left beside right foot  
4            Step right to right side  
5            Step left forward  
6            Recover weight on right foot  
7            Step left back  
&            Step right back, beside left foot  
8            Step left forward

**[17-24]: Right & Left HEEL SWITCHES, Right & Left POINT SWITCHES, Left SAILOR STEP, Right BEHIND, SIDE, CROSS.**

1            Touch right Heel forward  
&            Step right beside left foot  
2            Touch left heel forward  
&            Step left beside right foot  
3            Touch right toe to right side  
&            Step right beside left foot  
4            Touch left toe to left side  
5            Step left behind right foot  
&            Step right to right side  
6            Step left to left side  
7            Step right behind left foot  
&            Step left to left side  
8            Cross right over left foot

**[25-32]: Left Side ROCK STEP, Left BEHIND, SIDE, CROSS, Right SHUFFLE ½ TURN, Left COASTER STEP.**

1            Step left to left side

- 2 Recover weight on right foot
- 3 Step left behind right foot
- & Step right to right side
- 4 Cross left over right foot
- 5  $\frac{1}{4}$  turn left, step right to right side
- & Step left beside right foot
- 6  $\frac{1}{4}$  turn left, step right back (3:00)
- 7 Step left back
- & Step right back, beside left foot
- 8 Step left forward

**START AGAIN**

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