

# Say Na Say Na

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Phrased Intermediate  
編舞者: Penny Tan (MY) - June 2015  
音樂: Say Na Say Na by Aneela Robert and Uhlmann, Arash (Movie: Bluffmaster)



Intro: Start on the word 'Say' (app.4 counts)

Sequence : A(40 counts) ,B, B, TAG1, A, B, B, TAG1, A, TAG2, A

## Sequence A

### SEC A1: Cross, Side, Cross, Touch, Cross, Side, Cross, Touch

1-2            Cross R over L, Step L to L side  
3-4            Cross R over L, touch L to L side with hip bump  
5-6            Cross L over R , step R to R side  
7-8            Cross L over R, touch R to R side with hip bump

### SEC A2: Step Hip Roll L to R , R to L, Side Hip Bumps R(x2)-L(x2)

1-2            Step R to R side with hip roll from L to R  
3-4            Hip roll from L to R  
5-6            Hip bumps to R(x2)  
7-8            Hip bumps to L(x2)

### SEC A3: Paddle, Full L Turn

1&2&          Step R to R, 1/8 L Turn onto L , step R to R, 1/8 L Turn onto L  
3&4&          Step R to R, 1/8 L Turn onto L, step R to R, 1/8 L Turn onto L  
5&6&          Step R to R, 1/8 L Turn onto L, step R to R, 1/8 L Turn onto L  
7&8            Step R to R, 1/8 L Turn onto L, Touch R beside L

### SEC A4: Fwd Touch, Recover R-L-R-L

1-2            Touch R to R diagonal pushing hip fwd, close R next to L  
3-4            Touch L to L diagonal pushing hip fwd ,close L next to R  
5-6            Touch R to R diagonal pushing hip fwd, close R next to L  
7-8            Touch L to L diagonal pushing hip fwd ,close L next to R

### SEC A5: Bota Fogo Fwd R-L-R-L

1a2            Step R fwd, rock L to L side, recover on R  
3a4            Step L fwd, rock R to R side, recover on L  
5a6            Step R fwd, rock L to L side, recover on R  
7a8            Step L fwd , rock R to R side, recover on L

\*short in wall 1 here ,dance TAG1 , restart

### SEC A6: 1/4 L Turn Fwd Shuffle R-L, 1/4 L Turn Fwd Shuffle R-L

1&2            1/4 L Turn, Step R fwd, step L beside R, step R fwd  
3&4            Step L fwd, Step R beside L, step L fwd  
5&6            1/4 L Turn, Step R fwd, step L beside R, step R fwd  
7&8            Step L fwd, Step R beside L, step L fwd

\*After Wall3 add TAG2

## Sequence B

### SEC B1: Mambo Fwd , Back ,Mambo R -L

1&2            Rock R fwd, recover on L, step R beside L  
3&4            Rock L back, recover on R, step L beside R  
5&6            Rock R to R side, recover on L, step R beside L  
7&8            Rock L to L side, recover on R, step L beside R

**SEC B2: Traveling Volta to L , 1/2 L Turn, Traveling Volta to R**

- 1&2&3&4      Cross R over L, Step L to L side, Cross R over L, Step L to L side, Cross R over L, step L to L side, Cross R over L
- 5&6&7&8      1/2 L Turn, Cross L over R, Step R to R side, Cross L over R, Step R to R side, Cross L over R, Step R to R side, Cross L over R

**SEC B3: Mambo Fwd, Back, Mambo R –L**

- 1&2            Rock R fwd, recover on L, Step R beside L
- 3&4            Rock L back, recover on R, Step L beside R
- 5&6            Rock R to R side, recover on L, Step R beside L
- 7&8            Rock L to L side, recover on R, Step L beside R

**SEC B4: Traveling Volta to L, 1/2 L Turn, Traveling Volta to R**

- 1&2&3&4      Cross R over L, Step L to L side, Cross R over L, Step L to L side,  
Cross R over L, Step L to L side, Cross R over L
- 5&6&7&8      1/2 L Turn, Cross L over R, Step R to R side, Cross L over R,  
Step R to R side, Cross L over R, Step R to R side, Cross L over R

**\*After Wall 2 add TAG1**

**TAG 1(16 counts)**

**SEC 1: Step With Shimming, Touch, Step With Shimming, Touch**

- 1-2            Step R to R side with shimming, touch L beside R
- 3-4            Step L to L side with shimming, touch R beside L
- 5-6            Step R to R side with shimming, touch L beside R
- 7-8            Step L to L side with shimming, touch R beside L

**SEC 2: REPEAT TAG 1 SEC 1**

**TAG 2: (16 counts)**

**SEC1: Hip Bumps R-L-R-L**

- 1,2,3,4      Step R beside L, Hips Bumps R-L-R-L
- 5,6,7,8      Hip Bumps R-L-R-L

**SEC 2: REPEAT TAG 2 SEC 1**

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