

# The Hills

COPPER KNOB  
BY STEPHEN HETS

拍數: 32                      牆數: 4                      級數: High Intermediate  
編舞者: Lam Lam (HK) - June 2015  
音樂: The Hills by The Weekend (3:54min)



Intro: Start on lyrics

Tag: 2 counts , Sway L R, after Wall 1 & 3 facing 3:00 & 9:00.

End: The dance ends on Wall 7 after 16 counts

**(1-9) 1/4L, Jazz 1/4R, 1/8R Walk LR, 1/8R Side, 1/4R Walk Back RL, Back Rock 1 1/2L Sweep**

1 2&3                      1/4L Step L fwd(1), Cross R over L(2), 1/4R Step L back(&), Step R to side(3)  
4&5                      Walk fwd diagonal R on L,R(4&)1:30, 1/8R Step L to side(5)3:00  
6&7&                      1/4R Walk back on R,L(6&), Rock back on R(7), Recover weight fwd on L(&)  
8&1                      1/2L step back on R(8), 1/2L step L fwd(&), 1/2L step back on R sweep Lf backwards(1)12:00

**(10-17) Reverse Twinkle, Cross SideRock, Cross Spiral 1 1/4 Turn R, Step Full Turn R, Mambo 1/2L sweep 1/4L Touch**

2&3                      Step L behind R(2), Rock R to side (&), Step L to side slightly back(3)  
&4&5                      Cross R over L(&), Rock L to side(4), Recover on R(&), Cross L over R spiral 1 +1/4 turn R weight still on Lf(5)3:00  
6&7                      Step R fwd(6), 1/2R Step back on L(&), 1/2R Step R fwd(7)  
8&1                      Rock fwd on L(8), recover on R(&), 1/2L Step L fwd sweeping Rf to make further 1/4L touch R beside L(1)6:00

**(18-24) Sway R L, R Side Lunge, Spin Full Turn L, R Nightclub 1/4L, Pivot 1/2L, Step 1/2R**

2& 3 4                      Sway to side on R&L(2&), Lunge R to side(3), Spin full turn L, weight on Lf bringing Rf close to Lf(4)  
5&6&                      Step R to side(5), Step L close to R(&), Cross R over L(6), 1/4L Step L fwd(&)  
7&8&                      Step R fwd(7), pivot 1/2L(&), Step R fwd(8), 1/2R Step togwith L(&)3:00

**(25-32) Basic Nightclub R,L, Step Diagonal Fwd R, 1/2R, Back, Recover1/8L , 1/4L, 1/4L, Cross**

1 2&                      Step R to side(1), Step L close to R(2), Cross R over L(&)  
3 4&                      Step L to side(3), Step R close to L(4), Cross L over R(&)  
5&6                      R Step fwd diagonal R(5) 4:30, 1/2R step L back(&), Step R back(6) 10:30  
7&8&                      Recover on L 1/8 turn L(7)9:00, 1/4L Step R back(&), 1/4L Step L to side(8), Cross R over L(&) 3:00

Contact: zoom2607@yahoo.com.hk

Last Update – 16th June 2015