

Long Walk

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ryan King (UK) - June 2015
音樂: 500 Miles – Haley & Michaels



Intro: 48 Count Intro – Start on 'If I get drunk'

Walk R L ¼, R Shuffle ¼, Walk L R ¼, L Shuffle ¼

1 2 ¼ right turn Step right forward, step left forward (3:00)
3 & 4 ¼ right turn shuffle forward RLR (6:00)
5 6 ¼ right turn Step right forward, step left forward (9:00)
7 & 8 ¼ right turn shuffle forward RLR (12:00)

Restart here on Wall 3.

Walk Forward R L, R Mambo, Walk Back L R, L Coaster

1 2 Walk forward right, left. (12:00)
3 & 4 Rock forward right, recover onto left, step back right. (12:00)
5 6 Walk back left, right. (12:00)
7 & 8 Step back left, step right next to left, step forward right. (12:00)

R Side Together Rock & Cross, L Side Together ¼ Chasse

1 2 Step right to right side, step left next to right. (12:00)
3 4 Rock out right, recover onto left, cross right over left. (12:00)
5 & 6 Step left to left side, step right next to left. (12:00)
7 & 8 Step left to left side, step right next to left, step left to left side making ¼ left. (9:00)

R Rock Recover, R Shuffle ½, L Shuffle ½, R Back Rock Recover

1 2 Rock forward right, recover onto left. (9:00)
3 & 4 Step back ¼ right, step left next to right, step ¼ right. (3:00)
5 & 6 Step forward ¼ left, step right next to left, step back ¼ left. (9:00)
7 8 Rock back right, recover onto left. (9:00)

Restart: Wall 3 dance 8 counts and start again.

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