

Adios

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Tony, Angela & Griselda - June 2015
音樂: Adiós - Ricky Martin



Stepsheet written: Joan Leite

[1-8] ROCK CROSS, ROCK SIDE, ROCK CROSS, SHUFFLE LEFT

1 LF Cross rock fw
2 RF recover
3 LF rock left side
4 RF recover
5 LF Cross rock fw
6 RF recover
7 LF step left side
& RF close LF
8 LF step left side

[9-16] ROCK CROSS, ROCK SIDE, ROCK CROSS, SHUFFLE ¼ RIGHT

1 RF Cross rock fw
2 LF recover
3 RF rock right side
4 LF recover
5 RF Cross rock fw
6 LF recover
7 RF step right side
& LF close RF
8 RF ¼ turn right step fw.

[17-24] MAMBO X2 , STEP TURN ¼ RIGHT X2

1 LF ¼ turn right rock left side.
& RF recover
2 LF close RF
3 RF rock right side
& LF recover
4 RF close LF
5 LF step fw
6 RF ¼ turn right step side.
7 LF step fw
8 RF ¼ turn right step side.

[25-32] HIP ROLL X2, STEP TURN ¼ RIGHT X2

1 LF step fw on ball
& RF hip roll ccw
2 LF shifting weight.
3 RF step fw on ball
& LF hip roll cw
4 RF shifting weight.
5 LF step fw
6 RF ¼ turn right step side.
7 LF step fw
8 RF ¼ turn right step side.

REPEAT

Restart: during wall n° 5 dance until count 24 looking 12:00

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