

# I Sing A Liad Für Di

拍數: 32      牆數: 0      級數: Beginner Contra Polka  
編舞者: Dirk Leibing (DE) & Romy Großer - June 2015  
音樂: I sing a Liad für di - Andreas Gabalier



Intro : 32 counts

## S1: Chasse Turn(1/4), Chasse Turn(1/2), Chasse Turn(1/4), Cross Rock Step

1&2      Step RF right(1), Close LF next to RF(&), Step RF ¼ right(2)(3:00)  
3&4      Turn ¼ right stepping LF left(3), Close RF next to LF(&), Turn ¼ right stepping LF  
back(4)(9:00)  
5&6      Turn ¼ right stepping RF right(5), Close LF next to RF(&), Step RF right(6)(12:00)  
7-8      Cross Rock LF in Front of RF(7), Recover on RF(8)

## S2: Chasse Box around your Contra Partner to the right

1&2      Step LF left(1), Close RF next to LF(&), Step LF left(2)  
3&4      Turn ¼ left stepping RF right(3), Close LF next to RF(&), Step RF right(4)(9:00)  
5&6      Turn ¼ left stepping LF left(5), Close RF next to LF(&), Step LF left(6)(6:00)  
7&8      Turn ¼ left stepping RF right(7), Close LF next to RF(&), Step RF right(8)(3:00)

## S3: Chasse(1/4 left), Back Rock Step, Kick Ball Change(2x)

1&2      Turn ¼ left stepping LF left(1), Close RF next to LF(&), Step LF left(2)(12:00)

### This Chasse should end just towards your first Contra Partner

3-4      Rock RF back(3), Recover on LF(4)  
5&6      Kick RF forward(5), Step RF on right ball(&), Step LF on left ball(6)  
7&8      Kick RF forward(7), Step RF on right ball(&), Step LF on left ball(8)

## S4: Walk forward(4 small steps), ½ Chasse Turn, Shuffle back

1-4      Walk forward(right, left, right, left)

### Take hold of both your partners hands after these 4 steps for 5&6

5&6      Turn ¼ left stepping RF right(5), Close LF next to RF(&), Turn ¼ left stepping RF  
back(6)(6:00)  
7&8      Step LF back(7), Close RF next to LF(&), Step LF back(8)

Have Fun

Dirk Leibing & Romy Großer - [dirk@leibing.de](mailto:dirk@leibing.de)

~ 1P..... 2P..... 3P

~ 1..... 2..... 3

\*1 = you

\*1P = your contra partner you start with and you dance with in S4

\*2 = dancer to the right

\*2P = your contra partner to the right, you are dancing around in S2