

My Country

拍數: 32 牆數: 4 級數: Improver
編舞者: Vikki Morris (UK) - June 2015
音樂: Country - Mo Pitney



Start: 16 counts on the word "ever"

S1: Skate Right, Skate Left, Right Shuffle, Left Rock Recover, Left Coaster Step

1 2 Skate forward Right, Skate forward Left
3&4 Step forward Right, Step Left next to Right, Step forward Right
5 6 Rock forward Left, Recover on Right
7&8 Step back Left, Step Right next to Left, Step forward Right (optional triple full turn)

****Restart here wall 7 facing 6 o'clock****

S2: Right Rock Recover, ½ Right Shuffle, Syncopated Jazz Cross, Left Side

1 2 Rock forward Right, Recover on Left
3&4 Turn ¼ Right stepping Right to Right side, Step Left next to Right, Turn ¼ turn Right Stepping forward Right
5 6 Cross Left over Right, Step back Right
&7 8 Step Left to Left side, Cross Right over Left, Step Left to Left side (6 o'clock)

S3: Rock Back Right Recover, Right Kick Ball Cross, Rock Right, Rock Left, Chasse Right

1 2 Rock back Right, Recover on Left
3&4 Kick Right to Right diagonal, Step back slightly Right, Cross Left over Right
5 6 Rock Right to Right side, Rock onto Left lifting Right slightly
7&8 Step Right to Right side, Step Left next to Right, Step Right to Right side

S4: Cross Left, Step Right, Left Coaster ¼ Left, Step Right, Tap Left, Back Left, Right Heel Dig, Step Right, Step Left forward

1 2 Cross Left over Right, Step Right to Right side
3&4 Turn ¼ turn Left stepping back Left, Step Right next to Left, Step Left forward
5 6 Step forward Right, Tap Left behind Right
&7&8 Step back Left, Dig Right heel forward, Step Right next to Left, Step forward Left (3 o'clock)

Ending: Sweep Right ¼ turn Left to face the front

START AGAIN AND SMILE

Floor split: Just a kiss

Contact ~ Email: gypsyncowgirl70@hotmail.com