

True Colors

拍數: 36 牆數: 4 級數: Intermediate
編舞者: Hans Palm (SWE) - May 2015
音樂: True Colors - Olivia Ong : (Album: Fall in Love With - 3:57)



Intro: 16 counts, starts on the word "sad"

Sequence: 36, 36, Tagx2, 36, 36, Tagx2, 36, 32(Restart 12:00), 36, Tagx4

Section one is used for all tags and it's easy to hear where they are, making this dance a lot simpler than it looks from the sequence. Just watch out for the restart at 12:00 on wall 6.

S1: STEP/SWEEP CROSS SIDE, BACK CROSS, TURN ¼ L, PRISSY WALK R L

(Section 1 is also used for tags)

- 1,2& Step R forward and sweep L in front (1), cross L over R (2), step R to R side (&)
- 3,4 Step L slightly back (3), cross R over L (4)
- 5-6 Turn ¼ L (5-6 with heels lifted) 3:00
- 7,8 Prissy walk: R over L (7), L over R (8)

S2: CROSS ROCK RECOVER & R TO SIDE, CROSS L OVER R (PREP) & FULL TURN L INTO BASIC NC R, BASIC NC L

- 1,2& Cross rock R over L (1), recover on L (2), short step R to R side (&)
- 3,4& Cross L over R (3) (prep), turn ¼ L by stepping back on R (4) 12:00, turn ½ L on L (&) 6:00
- 5,6& Turn ¼ L into basic nightclub R by stepping on R (5) 3:00, step L behind R (6), cross R over L (&)
- 7,8& Step L to L side (7), step R behind L (8), cross L over R (&)

S3: ROCK FW RECOVER, TURN ½ R ON R & WALK L, CROSS ROCK RECOVER & R TO SIDE, CROSS ROCK RECOVER & L TO SIDE

- 1,2 Rock forward on R (1), recover on L (2)
- 3,4 Turn ½ R on R (3), walk forward on L (4) 9:00
- 5,6& Cross rock R over L (5), recover on L (6), short step R to R side (&)
- 7,8& Cross rock L over R (7), recover on R (8), short step L to L side (&)

S4: CROSS R OVER L & TURN ¼ R on L, TURN ¼ R on R & L FW, FW MINI COASTER R WITH DRAG, L MINI COASTER WITH DRAG

- 1,2 Cross R over L (1) (prep), turn ¼ R stepping back on L (2) 12:00
- 3,4 Turn ¼ R stepping R to R side (3) 3:00, step forward on L (4)
- 5,6& Step forward on R and drag L forward (5), step L beside R (6), step R slightly back (&)
- 7,8& Step back on L and drag R backwards (7), step R beside L (8), step slightly forward on L (&)

S5: ROCK FW RECOVER, TURN ½ ON R WALK L

- 1,2 Rock forward R (1), recover on L (2)
- 3,4 Turn ½ R on R (3) 9:00, walk forward on L (4)

TAGS: Repeat section one twice for tags after wall 2 and 4, repeat four times for the Tags after wall 7 which is the last wall with 36 counts.

RESTART: After 32 counts on wall 6, Restart at 12:00

ENDING: The dance ends with four repeats of the tag (section one). An optional ending is on the last of the four Tags that starts at 6:00. Turn slightly less at the ¼ turn on 5-6 to stop at 10:30 on 7 with weight on right foot (supported with ball on left foot), looking towards 12:00 with arms stretched out in the classic line dance ending.

Contact: palm.hans@gmail.com
