

# Make Me Lose My Mind

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Wendy Mager (USA) - May 2015  
音樂: Lose My Mind - Brett Eldredge



Intro: 16 counts (start on Lyrics)

Walk R-L Fwd, R Step-Lock-Step-Scuff, L Step-Lock-Step-Scuff, R Rocking Chair

1-2            Walk R-L fwd  
3&4&        Step R fwd, lock L behind R, step R fwd, scuff L  
5&6&        Step L fwd, lock R behind L, step L fwd, scuff R  
7&8&        Rock R fwd- recover to L, rock R back- recover to L

**\*\*2nd Restart Here\*\***

R Shuffle Fwd, L Rocking Chair, L Shuffle Fwd, 1/4 Turning Shuffle

1&2            Step R fwd, step L together, step R fwd  
3&4&        Rock L fwd- recover to R, rock L back- recover to R  
5&6            Step L fwd, step R together. step L fwd  
7&8            Step R into 1/4 turn L, step L next to R, step R to R side

L Sailor Step, R Kick-Ball-Change, R Heel Grind, R Coaster Step

1&2            Cross L behind R, step R together, step L to L side  
3&4            Kick R foot fwd, step R next to L, step L in place next to R

**\*\*1st Restart Here\*\***

5-6            Grind R heel fwd, step L slightly to the side  
7&8            Step R back, step L next to R, step R fwd

L Heel Grind, L Coaster Step, Jazz Box

1-2            Grind L heel fwd, step R slightly to the side  
3&4            Step L back, step R next to L, step L fwd  
5-8            Cross R over L, step back on L, step R to R side, step L next to R

Restarts:

On wall 3(6:00)- Do the 1st 20 counts then restart (restart on the 3:00 wall)

On wall 7(6:00)- Do the 1st 8 counts then restart (restart on the 6:00 wall)

Contact: [wmager@cfl.rr.com](mailto:wmager@cfl.rr.com)