

Kick it Up

拍數: 48 牆數: 4 級數: Improver
編舞者: Bobbey Willson (USA) - May 2015
音樂: Kick the Dust Up - Luke Bryan : (Album: Kill the Lights)



Begin at beat 9

Sec 1: Steps R L Locksteps RLR, Step & Sway LRL, Turning Kick-ball-change

1 2 3&4 Step fwd R, Step fwd L, Step fwd R, Step L close behind R, Step fwd R
5&6 Step L wide and swing hip to left, Swing hip to right, Swing hip to left
7&8 Kick R, Turn 1/4 right and step on R ball, Step L

Sec 2: Step 1/2turn, Coaster, Step 1/2turn, Coaster w/scuff

1 2 Step fwd R, Moving fwd turn 1/2 right and step L,
3&4 Step back R, Step L to R, Step fwd R
5 6 Step fwd L, Moving fwd turn 1/2 left and step R,
7&8 Step back L, Step R to L, Scuff L

Sec 3: Shuffle fwd LRL Kick Brush-Back, Shuffle back RLR, Point, Flick back

1&2 3 4 Step fwd L, Step R to L, Step fwd L, Kick R fwd, Brush-back R
5&6 Step back R, Step L to R, Step back R
7 8 Point L to left, Flick (kick back)

Sec 4: Step&1/4 Turns x3, heel and heel...

1 2 (3-6) Rock fwd L, Pivot 1/4 right and Recover on R (x3)
7&8 Tap L heel fwd, Step L to R, tap R heel fwd

Sec 5: Steps back Coaster, Steps back Coaster

1 2 3&4 Step back R, Step back L, Step back R, Step L to R, Step fwd R
5 6 7&8 Step back L, Step back R, Step back L, Step R to L, Step fwd L

Sec 6: Turning Jazzbox, Step Step Kick-ball-change

1 2 3 4 Cross R over L, Turning 1/4 right: Step L back, Step R back, Step L to R
5 6 Step R firmly, Step L firmly wide to R
7&8 Kick R, Step on R ball, Step L

OPTION for Section 6: Turning Jazzbox w/ side rock-rec, Fwd Shuffle LRL Kick-Ball-Change

1 2 3&4 Cross R over L, Turn 1/4right and step back L, Step R, Step L to R, Step R
5&6 7&8 Step fwd L, Step R to L, Step fwd L, Kick R, Step on R ball of foot, Step L

Tag: After wall 2 - Rocking Chair

1 2 3 4 Rock fwd R, Recover on L, Rock back R, Recover on L

Option for Tag - you can kick, stomp, kick-ball-change - as long as you use 4 counts

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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