Carnaval

拍數: 32

級數: Improver

編舞者: Susanna Leskinen (FIN) - May 2015

音樂: Norlan El Misionario - Carnaval (2013)

Section 1: Cross, Side, Shuffle R, Cross, Side, Shuffle L

- 1-2 Cross RF over LF, Step LF to the left side
- 3&4 Step RF to the side, Step LF together, Step RF to the side
- 5-6 Cross LF over RF, Step RF to the right side
- 7&8 Step LF to the side, Step RF, Step LF to the side

Section 2: Rocking Chair, Step, 1/2 Pivot L, Step, Step, 1/4 Shuffle R

- 1&2& Rock RF forward, Recover to the LF, Rock RF back, Recover to the LF
- 3-4 Step RF forward, Make 1/2 Pivot turn to the left. (6 o'clock)
- 5-6 Step RF forward, Step LF forward
- 7&8 Step RF forward making a 1/4 turn to the right (9 o'clock), Step LF together, Step RF forward

Section 3: Step, Touch, Step, Touch, Kick, Step, Touch, Jump Back, Touch, Jump Back, Touch

- 1-2 Step LF to the left side, Touch RF next to LF (left arm from down side to the center and pop elbow down)
- 3-4 Step RF to the right side, Touch LF next to RF(same arm movement with the right arm)
- 5&6 Kick LF forward, Step LF back, Touch RF next to LF
- &7 Jump RF back, Touch LF next to RF
- &8 Jump LF back, Touch RF next to LF

Section 4: Side, Hip, Touch, Chest Bumps, Toes Back, Kick Front, Step, 1/2 Pivot L

- 1-2 Step RF to the right side and same time sway hips from left sides back to right side (C)
- 3-4 Touch LF next to RF and bump chest forward, Bump Chest forward and at the same time change weight to LF
- 5-6 Touch R toes back, Kick RF forward
- 7-8 Step RF forward, Make a 1/2 pivot turn to left

Start again! Enjoy!

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