

Spavaldo Mambo

COPPER KNOB
BY STEPSHEETS

拍數: 32

牆數: 4

級數: Low Intermediate Mambo swing
rhythm

編舞者: Sebastiaan Holtland (NL) & Ira Weisburd (USA) - June 2015

音樂: Spavaldo mambo - Orchestra Musicallestelle : (Single 2013)



Introduction: 16 counts. Start on vocal approx. 12 sec. - NO TAGS !! NO RESTARTS !!

PART I. (DIAMOND FALLAWAY 1/8 L, DIAMOND FALLAWAY 1/8 L; L MAMBO CROSS, R FORWARD MAMBO)

1&2 Step L forward, Step R to R, Step L back making 1/8 Turn L (10:30)
3&4 Step R back, Step L to L squaring up at (9:00), Step R across L
5&6 Step L to L, Step R to R, Step L across R
7&8 Step R forward, Recover back onto L, Step R back

PART II. (STEP L BACK, STEP R BACK, ROCK BACK, RECOVER, FORWARD, LOCK; STEP L FORWARD, FORWARD LOCK STEP, PIVOT 1/2 R TURN)

1-2 Step L back, Step R back
3&4& Step L back, Recover forward onto R, Step L forward, Step R behind L
5&6& Step L forward, Step R forward, Step L behind R, Step R forward
7-8 Step L forward, Pivot 1/2 Turn R onto R (3:00)

PART III. (L MAMBO CROSS, R MAMBO CROSS; L ROCKING CHAIR, PIVOT 1/2 TURN R)

1&2 Step L to L, Step R to R, Step L across R (moving slightly forward)
3&4 Step R to R, Step L to L, Step R across L making 1/8 Turn L (1:30)
5&6& Step L forward, Recover back onto R, Step L back, Recover forward onto R
7-8 Step L forward, Pivot 1/2 Turn R onto R (7:30)

PART IV. (TO L DIAGONAL: FORWARD, LOCK, STEP, ROCKING CHAIR; TO R DIAGONAL: FORWARD, LOCK, STEP, ROCKING CHAIR)

1&2 Step L forward (7:30) , Step R behind L, Step L forward
3&4& Step R forward, Recover back onto L, Step R back, Recover forward onto L
5&6 Make a sharp 1/4 R Turn stepping forward onto R (10:30), Step L behind R, Step R forward
7&8& Step L forward, Recover back onto R, Step L back, Recover forward onto R

REPEAT DANCE.

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