You Gotta Run

拍數: 32

級數: Intermediate

編舞者: Ozgur "Oscar" TAKAÇ (TUR) - May 2015

音樂: Road Runner - Imelda May

SIDE STEP AND HIP BUMS, SAILOR STEP, SLAP, SIDE STEP AND HIP BUMS, SAILOR STEP, SLAP

- 1&2 Stomp R to R side and bump hip to R, bump hip to L, bump hip to R (weight on R)
- 3&4& Step L behind R, step R to R side, step L to L side, slap R foot behind L with L hand
- 5-8 Repeat the first 1-4 counts

SIDE TRIPLE STEP, $\ensuremath{^{14}}$ TURN and SIDE TRIPLE STEP, HITCH $\ensuremath{^{14}}$ TURN LEFT and STOMP, HOLD, SNAKE ROLL RIGHT

- 1&2 Step R to R side, step L beside R, step R to R side
- 3&4& ¼ turn L (09:00) and step L to L side, step R beside L, step L to L side, hitch R with a ¼ turn L (06:00)
- 5-6 Stomp R to R side, clap (weight on both feet)
- 7-8& Snake Roll to right side on two counts (weight on R), step L beside R

FORWARD TRIPLE STEP, SIDE TRIPLE STEP, $\mbox{\sc 1}$ TURN and SIDE TRIPLE STEP, $\mbox{\sc 1}$ TURN and SIDE TRIPLE STEP

- 1&2 Step R forward, step L beside R, step R forward
- 3&4 Step L to L side, step R beside L, step L to L side
- 5&6 1/4 turn R (09:00) on ball of L foot and step R to R side, step L beside R, step R to R side
- 7&8 ¼ turn R (12:00) on ball of R foot and step L to L side, step R beside L, step L to L side

KICK BALL CROSS, SIDE, ¼ TURNING SAILOR STEP, SCUFF, SCOOT FORWARD, STEP ½ TURN

- 1&2 Kick R diagonally forward, step R ball beside L, step L across R
- 3-4&5 Step R to R side, make a ¼ turn (09:00) and step L behind R, step R to R side, step L to L side
- 6&7-8 Scuff R forward, scoot forward on L, step R forward, ½ turn L (03:00)

REPEAT

TAG after wall 6 (06:00)

SWEEP ½ TURN, CLOSE, CLAP TWICE

- 1-2-3 Sweep R around L and make a ½ turn L (12:00) on ball of L in two counts, close R beside L (weight on L)
- &4 Clap hands twice

Contact: www.linedanceturkiye.com



牆婁

牆數:4

收本 由于。 人