

You Gotta Run

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ozgur "Oscar" TAKAÇ (TUR) - May 2015
音樂: Road Runner - Imelda May



Intro: 16 counts (00:09)

SIDE STEP AND HIP BUMS, SAILOR STEP, SLAP, SIDE STEP AND HIP BUMS, SAILOR STEP, SLAP

1&2 Stomp R to R side and bump hip to R, bump hip to L, bump hip to R (weight on R)
3&4& Step L behind R, step R to R side, step L to L side, slap R foot behind L with L hand
5-8 Repeat the first 1-4 counts

SIDE TRIPLE STEP, ¼ TURN AND SIDE TRIPLE STEP, HITCH ¼ TURN LEFT AND STOMP, HOLD, SNAKE ROLL RIGHT

1&2 Step R to R side, step L beside R, step R to R side
3&4& ¼ turn L (09:00) and step L to L side, step R beside L, step L to L side, hitch R with a ¼ turn L (06:00)
5-6 Stomp R to R side, clap (weight on both feet)
7-8& Snake Roll to right side on two counts (weight on R), step L beside R

FORWARD TRIPLE STEP, SIDE TRIPLE STEP, ¼ TURN AND SIDE TRIPLE STEP, ¼ TURN AND SIDE TRIPLE STEP

1&2 Step R forward, step L beside R, step R forward
3&4 Step L to L side, step R beside L, step L to L side
5&6 ¼ turn R (09:00) on ball of L foot and step R to R side, step L beside R, step R to R side
7&8 ¼ turn R (12:00) on ball of R foot and step L to L side, step R beside L, step L to L side

KICK BALL CROSS, SIDE, ¼ TURNING SAILOR STEP, SCUFF, SCOOT FORWARD, STEP ½ TURN

1&2 Kick R diagonally forward, step R ball beside L, step L across R
3-4&5 Step R to R side, make a ¼ turn (09:00) and step L behind R, step R to R side, step L to L side
6&7-8 Scuff R forward, scoot forward on L, step R forward, ½ turn L (03:00)

REPEAT

TAG after wall 6 (06:00)

SWEEP ½ TURN, CLOSE, CLAP TWICE

1-2-3 Sweep R around L and make a ½ turn L (12:00) on ball of L in two counts, close R beside L (weight on L)
&4 Clap hands twice

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