

Three-Quarters Better

COPPER KNOB
BY STEPHEN HETS

拍數: 30 牆數: 4 級數: Beginner - waltz
編舞者: Maddison Glover (AUS) - May 2015
音樂: Better Than You Left Me - Mickey Guyton



Choreographed as a split floor for my Intermediate Waltz 'Better Than Ever'

Turning 1/8 Cross Twinkle, Turning 1/8 Basic Waltz Back

1,2,3 Cross L over R, Step R to R side as you turn 1/8 L, step L slightly back
4,5,6 R back, turn 1/8 L as you step L together, step R fwd 9:00

Turning 1/8 Basic Waltz Back x2

1,2,3 Step L fwd, Step R together as you turn 1/8 L, step L beside R
4,5,6 R back, turn 1/8 L as you step L together, step R beside L 6:00

Cross Twinkle, Turning Cross Twinkle

1,2,3 Cross L over R, step R to R, replace weight back on L
4,5,6 Cross R over L, turn ¼ R stepping slightly back on L, step R to R side 9:00

Step Fwd, Raise Leg/ Slow Kick, Coaster Step

1,2,3 Step L fwd onto R diagonal, slowly raise R leg (like a kick for counts 2,3)
4,5,6 Step R back, step L together, step R slightly fwd- still on diagonal □ 11:30

Square Up- Cross/Rock, Replace, Side x2

1,2,3 Turn 1/8 L whilst crossing/ rocking L over R (squaring up to side wall), replace weight back onto R, step L to L side
4,5,6 Cross/ rock R over L, replace weight back onto L, step R to R side. 9:00

Restart: During the fifth sequence, start the dance facing 12:00. Dance up to count 24 and restart facing 9:00

Ending: You will be facing 6:00. Dance to count 27, then cross R over L and unwind ½ turn R.

Option when teaching: Teach the first 12 counts facing the front without turning therefore; Cross twinkle, basic waltz back, basic waltz fwd, basic waltz back.

Do so until they grasp the concept before teaching the actual dance and include the turn.

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