

# Long Time Gone

COPPER KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Gavin Preedy (UK) - May 2015  
音樂: Long Time Gone - Nathan Carter



## #64 count intro

### Section One: Point left toe out, in, out, hold, behind, side, cross, hold.

1-2            point left toe out, touch left beside right.  
3-4            point left toe out, hold.

### Restart here on wall 8 replacing count 4 with a touch left beside right.

5-6            step left foot behind right, step right foot to right side.  
7-8            cross left foot over right, hold.

### Section Two: Point right toe out, in, out, hold behind, side, cross hold.

1-2            point right toe out, touch right beside left.  
3-4            point right toe out, hold.  
5-6            step right foot behind left, step left foot to left side.  
7-8            cross right foot over left, hold.

### Section Three: Side together, step forward left, hold. Right shuffle forward, hold.

1-2            step left foot to left side, close right foot next to left.  
3-4            step left foot forward, hold  
5-6            step right foot forward, close left foot next to right.  
7-8            step right foot forward, hold.

### Section Four: Left mambo forward, right sailor 1/4 turn right.

1-2            rock left foot forward, recover weight onto right.  
3-4            close left foot next to right, hold

### Restart here replacing count 4 with step back onto right foot.

5-6            make a 1/4 turn right by sweeping right behind left. Step down onto right foot.  
7-8            step left foot to left side, step right foot to right side.

Restarts: both at 9 o'clock

Wall 4. Section 4. - Replace count 4 for a step back onto right foot then Restart the dance.

Wall 8. Section 1. - Replace count 4 for touch left foot beside right then Restart the dance.

Contact: [Mrgavinterrypreedy@aol.com](mailto:Mrgavinterrypreedy@aol.com)