

I'm Good

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Kathy Peters (USA) - April 2015
音樂: Honey, I'm Good - Andy Grammer



Start after 16 counts

S1: ROCK STEP CROSS, CLAP, CLAP X 2

1-2 Rock right to right, recover on left
3&4 Cross right over left, and clap 2 times
5-6 Rock left to left, recover on right
7&8 Cross left over right, and clap 2 times

S2: KICK BALL CHANGE TWICE, ROCK STEP, ½ TURN RIGHT SHUFFLE

1&2 Kick right foot, step right down, step left
3&4 Kick right foot, step right down, step left
5-6 Rock forward on right, recover on left
7&8 Step right foot toward 6:00, turning ½ turn, shuffle right, left right

S3: DOROTHY STEPS TWICE, ROCK, COASTER STEP

1-2& Step left to left diagonal, lock right behind left, step left
3-4& Step right to right diagonal, lock left behind right, step right
5-6 Step left forward, recover on right
7&8 Step left back, step right back, step left forward

S4: CROSS POINT TWICE, JAZZ BOX

1-2 Cross right over left, point left toe to left
3-4 Cross left over right, point right to right
5-8 Cross right over left, step back on left, step right to side, step left together

S5: STOMP CLAP CLAP TWICE, CHARLESTON

1-2& Stomp right foot to right diagonal, clap, clap (on 2&)
3-4& Stomp left foot to left diagonal, clap, clap (on 3&)
5-8 Kick right foot forward, step back on right, touch left foot back, step forward on left

S6: ¼ PADDLE TURN TWICE, HEEL & HEEL & ¼ HEEL GRIND RIGHT

1-4 Step right forward, pivot on balls of both feet ¼ turn, (3:00) step right forward, pivot on balls of both feet (12:00)
5&6& Touch right heel forward, step on right, touch left heel forward, step on left
7-8 Touch right heel forward, grind heel making ¼ turn right (weight on left) (3:00)

REPEAT

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