

Tyrolen

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Adam Åstmar (SWE) - May 2015
音樂: I Tyrolen (Radio) - Edel Guyz



Intro: 40 Counts, counting from the first "Edelguys"

Sect – 1: SHUFFLE X2, DIAGONAL SHUFFLE X2

1 & 2 Step R forward, step L next to R, step R forward
3 & 4 Step L forward, step R next to L, step L forward
5 & 6 Step R diagonally forward to the right, step L next to R, step R diagonally forward to the right
7 & 8 Step L diagonally forward to the left, step R next to L, step L diagonally forward to the left

Sect – 2: ROLLING VINE, TOUCH CLAP, ROLLING VINE INTO CHASSE

1 – 2 Turn 1 / 4 to the right stepping R forward, turn 1 / 2 to the right stepping L back
3 – 4 Turn 1 / 4 to the right stepping R to right side, touch L next to R and clap your hands
5 – 6 Turn 1 / 4 to the left stepping L forward, turn 1 / 2 to the left stepping R back
7 & 8 Turn 1 / 4 to the left stepping L to left side, step R next to L, step L to left side

*** Tag 1 comes in here at walls: 1 (12:00), 4 (3:00), 8 (3:00), 11 (6:00)***

Sect – 3: CROSS ROCK, SIDE ROCK, BEHIND CROSS, 1 / 4 TURN STEP, SHUFFLE, STEP

1 – 2 Cross rock R over L, recover to L
3 – 4 Rock R to right side, recover to L
5 – 6 Cross R behind L, turn 1 / 4 to the left stepping L forward (9:00)
7 & 8 & Step R forward, step L next to R, step R forward, step L next to R

Sect – 4: SWITCH STEPS

1 & 2 & Touch R heel forward, step R next to L, touch L heel forward, step L next to R
3 & 4 & Touch R next to L, step R next to L, touch L heel forward, step L next to R
5 & 6 & Touch R heel forward, step R next to L, touch L next to R, step L next to R
7 & 8 & Point R to right side, step R next to L, point L to left side, step L next to R

*** Tag 1 comes in here at walls: 3, 7 (3:00)***

*** Tag 2 comes in here at wall: 10 (6:00)***

Tag 1: STOMP, HOLD, STOMP, HOLD

1 – 2 – 3 – 4 Stomp R to right side, hold, stomp L to left side, hold

Tag 2: ROCKING CHAIR, STEP 1 / 2 TURN X2

1 – 2 Rock R forward, recover to L
3 – 4 Rock R back, recover to L
5 – 6 Step R forward, turn 1 / 2 to the left
7 – 8 Step R forward, turn 1 / 2 to the left

(The song is Swedish, but give it a try anyway!)

Have fun!

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