

# Feel Good

COPPER KNOB  
STEP SHEETS

拍數: 32      牆數: 2      級數: Novice - Polka  
編舞者: Lionel Cuvelier (FR) - April 2015  
音樂: "Feel Good Song Of The Year" by Old Man Markley



## Section 1: □ Side rock, behind, side, cross, Shuffle Left Side, rock step backward □ □ □ □ □

1-2      Rock Right Side, Recover To Left  
3&4      Cross Right Behind, Step Left side, Cross Right Over  
5&6      Chassé Side Left-Right-Left  
7-8      Rock Right Back, Recover To Left

## Section 2: □ Galop x3, Step, scuff, hitch, 1/4 turn, stomp x2 □ □ □ □ □

1&2&      Step Right Forward, Step Left Together, Step Right Forward, Step Left Together  
3&4      Step Right Forward, Step Left Together, Step Right Forward  
5&6      Scuff Left Heel, Turn 1/4 right while Hitching Left Knee, Cross Left Over  
7-8      Stomp Right, Stomp Left (Restart Here on wall 3 and 6)

## Section 3: □ Kick ball cross twice, side rock, behind side cross □ □ □ □ □

1&2      Right Kick Ball cross  
3&4      Right Kick Ball cross  
5-6      Rock Right Side, Recover To Left  
7&8      Cross Right Behind, Step Left Side, Cross Right Over

## Section 4: □ Step turn, kick ball change, scuff, hitch, stomp □ □

1-2      Step Left Forward, Hold (On wall 11, end part)  
3-4      Turn 1/2 right, Recover To Right  
5&6      Left Kick Ball Change  
7&8      Scuff Left Heel, Hitch Left Knee, Stomp Left

## Intro □ After First Lyrics (Nearly 13 sec) □ □ □

### Section 1: □ Slide, rock step x2 □ □ □ □

1-4      Slide Right, Hold, Rock Left Back, Recover To Right  
5-8      Slide Left, Hold, Rock Right Back, Recover To Left

### Section 2: □ Toe strut x2, step turn, scuff, hitch, touch □ □ □

1-4      Step Right forward on toes, Step down on Right Heel, Step Left forward on toes, Step down on Left Heel  
5-6      Step Right Forward, Turn 1/2 Left recovering Left  
7&8      Scuff Right Heel, Hitch Right Knee, Together

### Section 3: □ Same Section 1 □ □ □ □

### Section 4: □ Same Section 2 □ □ □ □

### Restart 1: □ On wall 3 after 16 Count □ □ □ □

### Tag 1: □ After Wall 4 □ □ □ □ □

### Section 1: □ Side rock, behind, side, cross, x2 □ □ □

1-2      Rock Right Side, Recover on Left  
3&4      Step Right Behind, Step Left Side, Step Right Over  
5-6      Rock Left Side, Recover on Right  
7&8      Cross Left Behind, Step Right Side, Cross Left Over

Restart 2: □ On Wall 6 after 16 Count □ □ □ □

Tag 2: □ After Wall 10 : Same as Intro □ □ □

End: □ On Wall 11 after 26 Count □ □ □ □

3-4 Turn 1/4 right, Recover To Right

5& Stomp Left, Stomp Right

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