

Andante - Easy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Jo Hough (AUS) - May 2015
音樂: Andante, Andante - ABBA



Start on lyrics Take IT easy

STEP, TOUCH, BACK, TOG, SHUFFLE, ACROSS, BACK, BACK, LOCK, BACK, LOCK

1&2& Step R forward(1), touch L beside with knee bent slightly, (&) step back L (2), step R beside (&)
3&4 Shuffle forward LRL
5-6 Step R in front across L, step L back
7&8 Step R back (&), step L across in front of R (7), step R back (&), lock L back (8)

BACK, BACK, LOCK, BACK, ¼ STEP, STEP, EXTENDED SYNCOPATED WEAVE LEFT

&1-2& Step R back (&), step L back (1) Step R across in front of L (2) step L back (&)
3-4 Turn 90 deg stepping on R, step L (3:00)
5&6& Step R behind L (5), step L to L (&), across R in front of L (6) step L (&)
7&8 Step R behind (7), step L (&), step R in front of L (8)

STEP, SLOW DRAG, ACROSS SHUFFLE, STEP R, ½ TURN PIVOT, SHUFFLE FORWARD □□

1-2 Step L to L, slow drag R towards L to step together ****
3&4 Cross shuffle LRL
5-6 1/8 Step R to R, ½ turn pivot L on R foot, (12:00)
7&8 Shuffle forward RLR

¼ BACK ROCK, ¼ BACK ROCK, STEP L, STEP R, QUICK PIVOT R, STEP, ROCK, RECOVER

&1-2 Turn 90 deg step back on L (3:00) (&), rock back on R (1) recover weight to L (2)
&3-4 Turn 90 deg step back on R (12:00) (&), rock back on L(3) recover weight to R (4)#####
&5-6& Step L together (&), step R forward (5), ½ turn pivot to R on L foot (6), recover weight to R (&) (6:00)
7&-8 Step forward on L (7), rock R to R (&), recover weight to L (8)

Start again

* RESTARTS DURING WALLS 4 and 7 (both facing back wall)

WALL 4: DANCE TO STEP DRAG ****CROSS LEFT FOOT OVER R, STEP PIVOT ON R FOOT TO (6:00) TAKE WEIGHT TO L TO (6:00). RESART THE DANCE

WALL 7: DANCE TO THE SECOND BACK ROCK, RECOVER WEIGHT TO R ### STEP L TOGETHER. RESTART

This dance was choreographed for Bub and Helen as a slit floor to Stephen Paterson's Andante Andante. A big thanks to the special people who provided valuable feedback and assistance for this dance and step sheet!

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