I'm Your Boogie Man



拍數: 72 牆數: 4 級數: Phrased Easy Intermediate

編舞者: Amy Christian (USA) - May 2015

音樂: I'm Your Boogie Man - KC and the Sunshine Band



Intro: 32 Counts. Sequence: A, A, B, A, A, B, A, A, B, A, A, A, A.

PART A - 32 Counts

A1: KICKBALL STEP, FWD MAMBO, BACK, BACK, L COASTER,

1&2 R Kickball Step, 3&4 Fwd Mambo, (R,L,R,)

5-6 Step L back, Step R back, (option: Turning left make two, ½ turns)

7&8 L Coaster Step,

A2: STEP FWD, PIVOT 1/4 LEFT, CROSS SHUFFLE, SIDE, RECOVER, CROSS SHUFFLE,

1-2 Step R fwd, Pivot ¼ left – Stepping L to left side, [9:00],

3&4 R Cross Shuffle (R,L,R),

5-6 Rock L out to left side, Recover on R,

7&8 L Cross Shuffle (L,R,L),

A3: STEP SIDE, TOUCH BACK X 4 (Do the 70's style "groove" here – watch my video, or just do your own "groove":)

1-2 Step R to right side, Touch L behind R, Swing your head & Look right, as you groove to the

beat.

3-4 Step L to left side, Touch R behind L, Swing your head & Look left, as you groove to the beat,

5-6 Step R to right side, Touch L behind R, Swing your head & Look right, as you groove to the

beat,

7-8 Step L to left side, Touch R behind L, Swing your head & Look left, as you groove to the beat,

A4: TOUCH FWD, TOUCH SIDE, R COASTER, JAZZ 1/4 LEFT WITH TOUCH,

1-2 Touch R fwd, Touch R to right side,

3&4 R Coaster step.

5-8 ½ turn left Jazz box TOUCH, (Cross L over R, ¼ turn left step R back, Step L to left side,

Touch R next to L,)

PART B (CHROUS) – 40 Counts – (2ND AND 3RD set of eights are repeated twice) B(1-8) SYNCOPATED ROCKING CHAIR X 2, KICKBALL CHANGE, ¼ HEEL BOUNCES X 2,

1&2& Syncopated Rocking chair (R,L,R,L,), [Option: 1-4 Take out the syncopation and do one

single count Rocking Chair]

3&4& Syncopated Rocking chair (R,L,R,L,),

5&6 R Kickball Change,

7-8 Bounce Heels twice making ¼ turn right, (Weight on L), [3:00]

B(9-16) STEP SIDE, HITCH, STEP SIDE, HITCH, BACK TOGETHER, FWD SHUFFLE,

Step R to right side with bent knees, Hitch L, as you straighten up,
Step L to left side with bent knees, Hitch R, as you straighten up,

5-6 Step back on R, Step L next to R,

7&8 Shuffle fwd, R,L,R,

B(17-24) STEP SIDE, HITCH, STEP SIDE, HITCH, L COASTER, PIVOT ½,

1-2 Step L to left side with bent knees, Hitch R as you straighten up,
3-4 Step R to right side with bent knees, Hitch L as you straighten up,

5&6 L Coaster step.

B(25-32) STEP SIDE, HITCH, STEP SIDE, HITCH, BACK TOGETHER, FWD SHUFFLE, Repeat counts/steps 9-16.

B(33-40) STEP SIDE, HITCH, STEP SIDE, HITCH, L COASTER, PIVOT $\frac{1}{2}$, Repeat counts/steps 17-24, [9:00]

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