

# Hold Me Now

拍數: 64      牆數: 4      級數: Improver  
編舞者: Gaye Teather (UK) - May 2015  
音樂: Till I Can Gain Control Again - Mike Kelly : (Single)



## #16 count intro - Dance rotates in CCW direction

### S1: Side Right. Together. Shuffle forward. Step. Pivot quarter turn Right. Cross shuffle

1 – 2      Step Right to Right side. Step Left beside Right  
3&4      Step forward on Right. Step Left beside Right. Step forward on Right  
5 – 6      Step forward on Left. Pivot quarter turn Right  
7&8      Cross Left over Right. Step Right to Right side. Cross Left over Right (Facing 3 o'clock)

### S2: Side Right. Together. Shuffle forward. Step. Pivot quarter turn Right. Cross shuffle

1 – 2      Step Right to Right side. Step Left beside Right  
3&4      Step forward on Right. Step Left beside Right. Step forward on Right  
5 – 6      Step forward on Left. Pivot quarter turn Right  
7&8      Cross Left over Right. Step Right to Right side. Cross Left over Right (Facing 6 o'clock)

### S3: Sway. Sway. Quarter turn Right shuffle forward. Step. Pivot half turn Right. Step. Pivot quarter turn Right

1 – 2      Step Right slightly to Right side swaying Right. Recover onto Left swaying Left  
3&4      Quarter turn Right stepping forward on Right. Step Left beside Right. Step forward on Right  
5 – 6      Step forward on Left. Pivot half turn Right  
7 – 8      Step forward on Left. Pivot quarter turn Right (Facing 6 o'clock)

### S4: Cross rock. Chasse Left. Weave Left

1 – 2      Cross rock Left over Right. Recover onto Right  
3&4      Step Left to Left side. Step Right beside Left. Step Left to Left side  
5 – 8      Cross Right over Left. Step Left to Left side. Cross Right behind Left. Step Left to Left side

### S5: Cross rock. Chasse Right. Weave quarter turn Right

1 – 2      Rock Right over Left. Recover onto Left  
3&4      Step Right to Right side. Step Left beside Right. Step Right to Right side  
5 – 6      Cross Left over Right. Step Right to Right side  
7 – 8      Cross Left behind Right. Quarter turn Right stepping forward on Right (Facing 9 o'clock)

### S6: Forward rock. Back lock step. Back. Tap across. Forward lock step

1 – 2      Rock forward on Left. Recover onto Right  
3&4      Step back on Left. Lock Right over Left. Step back on Left  
5 – 6      Step back on Right. Tap Left toe across Right foot (option: Click fingers of both hands at shoulder level)  
7&8      Step forward on Left. Lock Right behind Left. Step forward on Left

### S7: Weave full turn Left (Figure of 8)

1 – 2      Cross Right over Left. Step Left to Left side  
3 – 4      Cross Right behind Left. Quarter turn Left stepping forward on Left  
5 – 6      Step forward on Right. Pivot half turn Left  
7 – 8      Quarter turn Left stepping Right to Right side. Cross Left behind Right (Facing 9 o'clock)

### S8: Right side rock. Behind-side-cross. Left side rock. Cross shuffle

1 – 2      Rock Right to Right side. Recover onto Left  
3&4      Cross Right behind Left. Step Left to Left side. Cross Right over Left  
5 – 6      Rock Left to Left side. Recover onto Right

7&8

Cross Left over Right. Step Right to Right side. Cross Left over Right

**Start again**

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