

The Long Way Home

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Marie Sørensen (TUR) - May 2015
音樂: The Long Way Home - Derek Ryan : (Album: Country Soul - iTunes)



Intro: 16 Count

SIDE, ROCK, CROSS, HOLD, SIDE, ROCK, CROSS, HOLD

1-2 Rock right to right side, recover
3-4 Cross right over left, hold
5-6 Rock left to left side, recover
7-8 Cross left over right, hold (12:00)

CHASSE RIGHT, ROCK, RECOVER, CHASSE LEFT, ROCK, RECOVER

1&2 Step right to right side, step left next to right, step right to right side
3-4 Back rock left, recover
5&6 Step left to left side, step right next to left, step left to left side
7-8 Back rock right, recover (12:00)

Restart the dance at this point, during wall 4 - Facing 03:00

SIDE, BEHIND, 1/4 TURN SHUFFLE, STEP ½ TURN, WALK, WALK

1-2 Step right to right side, cross left behind right
3&4 1/4 turn right, step fwd. right, step left next to right, step fwd. right (03:00)
5-6 Step fwd. left, ½ turn right (Weight on right)
7-8 Walk fwd. left, right (09:00)

STEP, KICK, TOGETHER, KICK, WALK BACK LEFT, RIGHT, LEFT, TOUCH

1-2 Step fwd. left, kick right fwd.
3-4 Step right next to left, kick left fwd.
5-6 Walk back left, right
7-8 Walk back left, touch right beside left (09:00)

RESTART: During wall 4 - After 16 Counts - Start from the beginning - Facing 03:00

Have Fun!

Contact ~ Email: sunshinecowgirl1960@gmail.com