Angela's Rumba

級數: Beginner

編舞者: Russell Breslauer (USA) - May 2015

牆數: 2

音樂: Lia Wang Yan Shui Li (倆忘煙水裡) - Susanna Kwan (關菊英) & Michael Kwan (關正傑)

或: Any Rumba

This dance is for Angela Cheung, my master teacher at Golden Gate Park Senior Center

ROCK, RECOVER SIDE HOLD, BEHIND SIDE CROSS HOLD

- 1-4 Step Right across and in front of left, recover on Left, Right to the right, hold
- 5-8 Step Left behind right, Right to the right, Left over right, hold

SWAY, SWAY ¼ TURN LEFT, HOLD, FORWARD X3, HOLD

- 1-4 Sway Right, Left, turn 1/4 left on Right hold (face 9:00)
- 5-8 Walk forward Left, Right, Left hold

SCISSORS, FLICK, ¼ LEFT TURN, HOLD

- 1-4 Step Right to the right, recover on Left, step Right over left, flick Left behind
- 5-8 Step Left back turning ¼ left , Rock back on Right recover forward on Left, hold

TOE HEEL CROSS, , X2 , ROCK, RECOVER

- 1-3 Touch Right toe beside left, then touch Right heel a little forward, step Right in front of left
- 4-6 Touch Left toe beside right, then touch Left heel a little forward, step Left in front of right
- 7-8 Step Right across and in front of left, recover on Left,

*TOUCH HOLD

1-2 Touch Right to the right, hold

*Most Rumbas are 32 count, and so you would not do the last 2 counts.

There is a restart on the 4th wall. Do the counts 1-16, then turn ¼ right on Right Left for 1-2 to face back wall (6:00).

REPEAT

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拍數: 34