

Na Na Honey I'm Good (Beginner - Improver)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Annemaree Sleeth (AUS) - May 2015
音樂: Honey, I'm Good - Andy Grammer : (iTunes)



#32 Count Intro

This dance build on the Basic AB Na Na Honey I'm Good
Dance I wrote for the newer dancer

SEC 1: 1-8. DIAGONAL SHUFFLES , BACK HITCHES X 3 TOUCH

1 &2 Shuffles 45 R Diagonal R, L, R (Hands on Hips and dance on Diagonals)
3 &4 Shuffles 45 L Diagonal L, R, L
&5 Hitch R Knee, Step R Back
&6 Hitch L Knee, Step L Back
&7 Hitch R Knee, Step R back
8 Touch L Together

SEC 1: 9-16. DIAGONAL SHUFFLES , BACK HITCHES X 3 TOUCH

1 &2 Shuffles 45 L Diagonal, L, R, L
3 &4 Shuffles 45 R Diagonal R, L ,R
&5 Hitch L Knee, Step L Back
&6 Hitch R Knee, Step R Back
&7 Hitch L Knee, Step L Back
8 Touch R Together

SEC 3: 17-24. HEEL, CROSS, HEEL, CROSS, SYNCOPATES SIDE SHUFFLES R , TOUCH

1 – 2 Touch R Heel Forward, Touch R Toes Over L
3 – 4 Touch R Heel Forward, Touch R Toes Over L
5&6& Step R Side, Step L Together Step R Side, Step L Together
7 8 Step R Side, Touch L Together

SEC 4: 25-32. HEEL, CROSS, HEEL, ¼ L CROSS, FORWARD TOGETHERS, TOUCH

1 – 2 Touch L Heel Forward, Touch L Toes Over R
3 – 4 Touch L Heel Forward, Touch L over R ¼ L (9.00)
5&6& Step L Forward, Step L Together, Step L Forward, Step L Together
7 – 8 Step L Together, Touch R Together

Repeat and Enjoy