

Why So Serious?? (免緊張) (zh)

COPPER KNOB
STYLEDANCE

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - 2009年09月
音樂: Say It - Booty Luv



前奏: Starts on Vocal. 唱歌起跳

第一段 Side, Bounce, Bounce & Point, Kick & Step, Step, Pivot 1/2.
側, 彈 彈併點, 踢併踏, 踏, 轉1/2

- 1-2 Step Left to Left side, bounce both heels... (knees pop forward slightly) 左足左踏, 雙足踵抬雙膝略前彎
3&4 Bounce both heels.. (knees pop), step Right next to Left, point Left to Left side. 雙足踵抬雙膝略前彎, 右足併踏, 左足左點
5&6 Kick forward Left, step Left next to Right, step forward on Right.
左足前踢, 左足併踏, 右足前踏
7-8 Step forward on Left, pivot 1/2 turn to Right.
左足前踏, 右軸轉180度(面向6點鐘)

END: Wall 10... Starts facing back.. Dance 1st 7 Counts & Stomp forward on Left. 結束時在第十面牆, 跳至第7拍, 加跳左足前重踏結束

第二段 1/4, Behind & Rock Step, Back, 1/2, 1/2, Step.
1/4, 後併下沉回復, 後, 1/2 1/2 踏

- 1-2 Make 1/4 turn to Right stepping Left to Left side, cross step Right behind Left. 右轉90度左足左踏, 右足於左足後交叉踏(面向9點鐘)
&3-4 Step Left to Left side, rock forward on Right, recover on Left.
左足左踏, 右足前下沉, 左足回復
5-6 Step back on Right, make 1/2 turn to Left stepping forward on Left.
右足後踏, 左轉180度左足前踏(面向3點鐘)
7-8 Make 1/2 turn to Left stepping back on Right, step Left close behind Right lifting Right heel.
左轉180度右足後踏, 左足於右足後併踏右足踵抬(面向9點鐘)

第三段 Walk, Walk, Mambo 1/4, Cross, Side (Dip), Flick/Kick, Cross.
走, 走, 曼波轉1/4, 交叉, 側(蹲), 抬/踢, 交叉

- 1-2 Walk forward Right-Left. 前走步-右, 左
3&4 Rock forward on Right, recover on Left, make 1/4 turn to Right stepping Right to Right side.
右足前下沉, 左足回復, 右轉90度右足右踏(面向12點鐘)
5-6 Cross step Left over Right, step Right to Right side as you bend knees to dip down slightly. 左足於右足前交叉踏, 右足右踏雙膝略蹲
7-8 Step Left next to Right as you kick Right out to Right side, cross step Right over Left. 左足併踏右足右踢, 右足於左足前交叉踏

第四段 1/4, Side, Cross, Side, Sailor Step & Side, Cross.
1/4, 側, 交叉, 側, 水手步 併側, 交叉

- 1-2 Make 1/4 turn to Right stepping back on Left, step Right to Right side. 右轉90度左足後踏, 右足右踏(面向3點鐘)
3-4 Cross step Left over Right, step Right to Right side.
左足於右足前交叉踏, 右足右踏
5&6 Cross step Left behind Right, step Right to Right side, step Left to Left side. 左足於右足後交叉踏, 右足右踏, 左足左踏
&7-8 Cross step Right behind Left, step Left to Left side, cross step Right over Left. 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

第五段 Side, Together, Back, 1/2, Side, Back, Cross Turn Turn.
側, 併, 後, 1/2, 側, 後, 交叉 轉 轉

- 1-2 Step Left to Left side, step Right next to Left.
左足左踏, 右足併踏
- 3-4 Step back on Left, make 1/2 turn to Right stepping forward on Right.
左足後踏, 右轉180度右足前踏(面向9點鐘)
- 5-6 Step Left to Left side, step back on Right.
左足左踏, 右足後踏
- 7&8 Lock Left over Right, make 1/4 turn Right stepping Right to Right side, 1/4 turn to Right stepping forward on Left.
左足於右足前鎖踏, 右轉90度右足右踏, 右轉90度左足前踏(面向3點鐘)

第六段 Kick, Out, Out, & Side, Rock Step, 1/4, Walk, Walk.
踢 外 外, 併側, 下沉回復, 1/4, 走, 走

- 1&2 Kick forward Right, step Right to Right side, step Left to Left side.
右足前踢, 右足右踏, 左足左踏
- 8&3-4 Step Right next to Left, step Left to Left side, cross rock Right over Left. 右足併踏, 左足左踏, 右足於左足前交叉下沉
- 5-6 Recover on Left, make 1/4 turn to Right stepping forward on Right.
左足回復, 右轉90度右足前踏(面向6點鐘)
- 7-8 Walk forward Left-Right. 前走步-左, 右

TAG: At END of Wall 3 a Four Count Alarm Will Sound...

加拍：在第三面牆結束時, 聽到警報聲時加跳4拍

- 1-3 Make 1/2 turn to Right with 3 flat footed paddles.. Touching Left to floor 3 times as you turn.
以三次腳踏平划槳步方式右轉180度, 第三次改左點(回到12點鐘)
- 4 Stomp Left next to Right. 左足併重踏

The Alarm is also the cue to change from 48 Counts & 2 Walls to 32 Counts & 4 Walls.. The remaining walls AFTER the TAG you will dance up to Count 32 & Restart from beginning.

警報聲後由48拍兩面牆變成32拍四面牆

也就是前三面牆跳48拍, 加4拍, 後面所有都只跳32拍後從頭起跳
