

Just Hold Me Now

COPPER KNOB
BY STEPHEN

拍數: 72 牆數: 4 級數: Easy Intermediate
編舞者: Carrie Ann Green (ES) - May 2015
音樂: Hold Me Now (Matt Pop Mix) - Nicki French : (iTunes)



Intro: 16 Counts, on Vocals [2 Tags, 1 Restart]

S1: □ RIGHT SIDE TOE STRUT, BACK ROCK, LEFT SIDE TOE STRUT, BACK ROCK

1-4 Step right toe side, drop right heel, Rock left back, recover to right
5-8 Step left toe side, drop left heel, Rock right back, recover to left

(Optional: on counts 2 and 6 click fingers)

S2: □ 2 X HALF RUMBA BOXES FWD

1-4 Step right to right side, close left at side of right, Step forward right, Touch Left next to right
5-8 Step left to left side, close right at side of left, □ Step forward left, touch right next to left

S3: □ ROCK FORWARD, RECOVER, ½ TURN, HOLD. FULL TRIPLE TURN RIGHT, BRUSH

1-4 Rock forward on right, recover on Left, Half turn right on ball of left foot stepping forward right, hold (6.00)
5-8 Travelling forward make a triple turn right stepping left, right, left, brush right to right diagonal (6.00)
(Easier option shuffle forward stepping left, right, left, brush right to right diagonal)

S4: □ K STEP - FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH, FORWARD, TOUCH

1-4 Step fwd R to Right diagonal, touch L beside Right, Step back L to Left diagonal, touch R beside Left
5-8 Step back R to Right diagonal, touch L beside Right, Step fwd L to Left diagonal, touch R beside Left

(Option: You may clap hands on the K-Step)

S5: □ ROCK FORWARD, RECOVER ¼ TURN, BRUSH. JAZZ BOX ½ TURN

1-2 Rock forward on right, recover on left
3-4 Turn ¼ right stepping right forward, brush left (9.00)
5-6 Cross left over right. Turn 1/2 left stepping right back (3.00)
7-8 Step left to left side, touch right to left

****RESTART HERE ON WALL 5 – FACING 3.00 *****

S6: □ RIGHT LOCK STEP FORWARD, BRUSH, LEFT LOCK STEP FORWARD, BRUSH

1-4 Step right diagonal forward. Lock left behind right, Step right diagonal forward. Brush left forward
5-8 Step left diagonal forward. Lock right behind left, Step left diagonal forward. Brush right forward

S7: □ ROCK FORWARD, RECOVER, ½ TURN, HOLD, STEP ½ STEP, TOUCH

1-4 Rock forward on right, recover on left, Half turn right on ball of left foot stepping forward right, hold (9.00)
5-6 Step left forward, pivot half turn right (3.00)
7-8 Step forward on left, touch right toe beside left foot

S8: □ STEP FORWARD TOUCH, BACK KICK, COASTER STEP

1-2 Step forward on right, touch left toe behind right
3-4 Step back on left, low kick right forward
5-8 Step right back, Step left together, Step right forward, brush left forward

S9: □ ROCK FORWARD, RECOVER, ½ TURN, BRUSH, ROCKING CHAIR FORWARD RIGHT

1-2 Rock forward on left recover on right

3-4 Half turn left on ball of right foot stepping forward left, brush right forward (9.00)

5-8 Rock forward on right, Rock back onto left, Rock back on right, Rock forward on left

Tags: After completion of Walls 2 (6.00) & 4 (12.00) – 8 counts

1-4 Step forward onto right foot (1), pivot ½ left(2), step forward onto right foot (3), Hold/Clap (4)

5-8 Step forward onto left foot (5), pivot ½ right (6), step forward onto left foot (7), Hold/Clap (8)

Enjoy !

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