

My Baby Takes The Morning Train

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sally Hung (TW) - May 2015
音樂: Morning Train (Nine to Five) - Sheena Easton



Or [KY 금영노래방] Sheena Easton - Morning Train (KY Karaoke No.KY61539)

Sequence of dance: -

Tag at the beginning of wall 3 (6:00),
Tag at the beginning of wall 6 (9:00),
Tag at the beginning of wall 9 (12:00).

Intro: 32 counts

Tag (4 count) Rocking chair

1,2,3,4 Rock R fwd, recover onto L, rock back on R, recover onto L

S1. SIDE TOE STRUT, CROSS TOE STRUT, CHASSE R, ROCK BACK, RECOVER

1,2,3,4 Step on R toe to R side, drop R heel, cross L toe over R, drop L heel

5&6,7,8 Step R to R side, close L beside R, step R to R side, rock back on L, recover onto R

S2. KICK BALL CROSS X2, CHASSE L, ROCK BACK, RECOVER

1&2,3&4 Kick L diagonal L fwd, step L slightly back, cross R over L, kick L diagonal L fwd, step L slightly back, cross R over L

5&6,7,8 Step L to L side, close R beside L, step L to L side, rock back on R, recover onto L

S3. FWD SHUFFLE X2, ROCK FWD, RECOVER, COASTER STEP

1&2,3&4 Shuffle fwd on RLR, shuffle fwd on LRL

5,6,7&8 Rock fwd on R, recover onto L, coaster step on RLR

S4. ROCK FWD, RECOVER, COASTER STEP, KICK BALL CHANGE, ¼ L KICK BALL CHANGE

1,2,3&4 Rock L fwd, recover onto R, coaster step on LRL

5&6,7&8 Kick R fwd, step on ball of R, step L in place, ¼ turn L kicking R fwd, step on ball of R, step L in place

Have Fun & Happy Dancing!

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